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CARE *with* LOVE



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FROM THE DIRECTOR'S DESK

"TEAMWORK DIVIDES THE TASK AND MULTIPLIES THE SUCCESS". After days and nights of incredible labour and hardwork, at last, we have been conferred with the much awaited NABH accreditation.

Needless to say, this was possible only because of teamwork. Everyone chipped in, and together we made our long cherished dream a reality. A single man cannot do everything. A number of heads, hands and hearts put together can easily perform a difficult task. When we unite with each other for a common aim, the pooled resources can amount to something much more powerful and impressive, than the individual attempt to fight for your aim in your own way, just by using your own resources. If we want to succeed it is crucial to overcome any perceived differences that we have with other people and to learn to live as one community in harmony.

Now that we have become an NABH accredited hospital, it is the duty of each and every one of us to uphold the credit and values of NABH accreditation. When we join Lisie hospital, we inherit the rich legacy of this institution, a legacy we are proud of, and ready to display wherever we go. We never fail to hog the limelight when the hospital is lauded for its achievements, but many a times, we also join the hate mongers and openly criticize the hospital. Tomorrow, when the next generation steps in, will LISIE be an even more beautiful place because of each and every one of us here today?

Let us think. Let us remember, Come what may it is OUR institution. I own up for whatever goes wrong or whatever turns right because,

I am responsible.

I AM LISIE.

May GOD bless you.

Happy new year.....

FR. THOMAS VAIKATHUPARAMBIL
DIRECTOR



ലിസി ആശുപത്രിക്ക് എൻ. എ. ബി. എച്ച്. അംഗീകാരം

ലിസി ആശുപത്രിക്ക് നാഷണൽ അക്രഡിറ്റേഷൻ ബോർഡ് ഫോർ ഹോസ്പിറ്റൽസ് ആൻഡ് ഹെൽത്ത് കെയർ പ്രൊവൈഡേഴ്സിന്റെ (എൻഎബിഎച്ച്) അംഗീകാരം. ആതുര ശുശ്രൂഷാരംഗത്തെ സമഗ്രമായ മികവിനെ അടിസ്ഥാനമാക്കിയാണ് അംഗീകാരം. ഇതിനോടനുബന്ധിച്ച് ആശുപത്രിയിൽ നടന്ന പൊതു സമ്മേളനം സീറോ മലബാർ സഭ മേജർ ആർച്ച്ബിഷപ്പും ആശുപത്രി രക്ഷാധികാരിയുമായ കർദ്ദിനാൾ മാർ ജോർജ്ജ് ആലഞ്ചേരി ഉദ്ഘാടനം ചെയ്തു. ലിസിയെ സ്നേഹിക്കുന്ന പ്രഗല്ഭരായ ഡോക്ടർമാരുടെ നിസ്തുലമായ സേവനവും ജീവനക്കാരുടെ സമർപ്പണ മനോഭാവവുമാണു ഈ ആതുരലയത്തിന്റെ വലിയ കരുതെന്ന് കർദ്ദിനാൾ പറഞ്ഞു. ആതുര ശുശ്രൂഷാരംഗത്തു ദേശീയതലത്തിൽ മികവിന്റെ മുദ്ര ചാർത്തിയ ലിസി ആശുപത്രിയ്ക്കു സമർപ്പിത സേവനത്തിന്റെ പാതയിൽ കൂടുതൽ ഊർജത്തോടെ മുന്നോട്ടു പോകാൻ എൻഎബിഎച്ച് അംഗീകാരം സഹായിക്കുമെന്നും



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അദ്ദേഹം പറഞ്ഞു. എൻഎബിഎച്ച് അക്രഡിറ്റേഷൻ സർട്ടിഫിക്കറ്റ് ആശുപത്രി ഡയറക്ടർ ഫാ. തോമസ് വൈക്കത്തുപറമ്പിലിനു കർദ്ദിനാൾ കൈമാറി. ആശുപത്രി ചെയർമാനും എറണാകുളം-അങ്കമാലി അതിരൂപത സഹായമെത്രാനുമായമാർ സെബാസ്റ്റ്യൻ ഏടയന്ത്രത്ത് അധ്യക്ഷത വഹിച്ചു. എല്ലാ വിഭാഗം ജീവനക്കാരുടെയും കൂട്ടായ പരിശ്രമങ്ങൾ ലിസി ആശുപത്രിയുടെ വളർച്ചയിലും അംഗീകാരത്തിലും പ്രധാന പങ്കുവഹിക്കുന്നുവെന്ന് അദ്ദേഹം പറഞ്ഞു. ആശുപത്രിയുടെ പുതൂക്കിയ വെബ്സൈറ്റിന്റെയും ഫേസ്ബുക്ക് പേജിന്റെയും ഉദ്ഘാടനം അതിരൂപത പ്രോ വികാരി ജനറാൾ മോൺ. സെബാസ്റ്റ്യൻ വടക്കും പാടൻ നിർവഹിച്ചു. മെഡിക്കൽ സൂപ്രണ്ട് ഡോ. ബാബു ഫ്രാൻസിസ്, ആശുപത്രി ബോർഡ് മെമ്പർ ഡോ. ബാബു പാലാട്ടി, നഴ്സിംഗ് അഡ്മിനിസ്ട്രേറ്റർ സിസ്റ്റർ എൽസി എന്നിവർ പ്രസംഗിച്ചു. ഇതിനോടനുബന്ധിച്ച് സ്മൈലി മത്സരവും നടത്തപ്പെട്ടു.



പിഡിയാട്രിക് കാർഡിയാക് സർജറി വിഭാഗത്തിന് തിളക്കമാർന്ന നേട്ടം



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അതീവഹൃദയമായിരുന്നു ആ യാത്രയെപ്പ് രംഗം. ഒട്ടേറെപേരുടെ ഹൃദയംഗമമായ പിന്തുണയും പ്രാർത്ഥനയും കൊണ്ട് ജീവൻ തിരികെപിടിച്ച രണ്ടു പിഞ്ചോമനകൾക്ക് സ്നേഹനിർഭരമായ യാത്രാമംഗളങ്ങൾ നേരാൻ മലയാള സിനിമയുടെ പ്രിയപ്പെട്ട അമ്മയെത്തി. സമയത്തെയും ദൂരത്തെയും തോൽപ്പിച്ച് കോഴിക്കോട് നിന്നും തിരുവനന്തപുരത്ത് നിന്നും ലിസി ആശുപത്രിയിൽ എത്തി വിജയകരമായ ശസ്ത്രക്രിയയ്ക്കുശേഷം മടങ്ങിയ കുട്ടികളെ യാത്രയാക്കാൻ കവിയൂർ പൊന്നമ്മ എത്തിയത്.

രണ്ടാഴ്ചകൾക്കു മുമ്പാണ് കോഴിക്കോട് സ്വദേശികളായ കോയയുടെയും റഫിയത്തിന്റെയും ഒരുമാസം മാത്രം പ്രായമുള്ള കുട്ടിയെ കോഴിക്കോട് മെഡിക്കൽ കോളേജിൽനിന്ന് അതീവ ഗുരുതരാവസ്ഥയിൽ ലിസി ആശുപത്രിയിൽ എത്തിച്ചത്. കുട്ടിക്ക് യാത്രാസൗകര്യം ഒരുക്കുന്നതിന് എല്ലാവരും സഹകരിക്കണമെന്ന് അഭ്യർത്ഥിച്ച് ആരോഗ്യമന്ത്രി ഷൈലജ ടീച്ചർ ഫേസ് ബുക്കിൽ കുറിപ്പിട്ടിരുന്നു. ശുദ്ധരക്തവും അശുദ്ധരക്തവും വഹിക്കുന്ന കുഴലുകളുടെ സ്ഥാനം പരസ്പരം മാറിപ്പോയതുമൂലം കുട്ടിയുടെ ശരീരം നീലനിറത്തിൽ ആയിരുന്നു. കൂടാതെ വെന്റിലേറ്ററിന്റെ തുടർച്ചയായ ഉപയോഗം മൂലം കടുത്ത ന്യൂമോണിയയും ഉണ്ടായിരുന്നു. സങ്കീർണ്ണമായ ആർട്ടീരിയൽ സിച്ച് എന്ന ശസ്ത്രക്രിയയാണ് കുട്ടിക്ക് നടത്തിയത്. സംസ്ഥാന സർക്കാരിന്റെ 'ഹൃദയം' പദ്ധതിയിൽ ഉൾപ്പെടുത്തി സൗജന്യമായിട്ടാണ് കുട്ടിക്ക് ചികിത്സ നൽകിയത്.

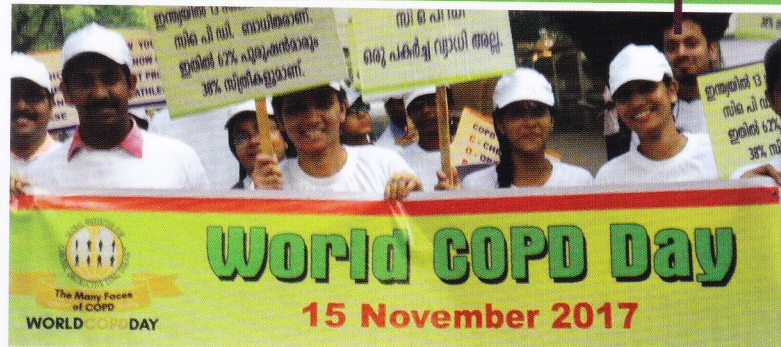
കുറച്ചു ദിവസങ്ങൾക്കുശേഷമാണ് സമാനമായ രീതിയിൽ തിരുവനന്തപുരം അവിട്ടം തിരുനാൾ ആശുപത്രിയിൽനിന്നും തമിഴ്നാട് ശിവഗംഗ സ്വദേശികളായ തങ്കരാജിന്റെയും ശിവകാമിയുടെയും അഞ്ചുമാസം പ്രായമുള്ള കുട്ടിയെയും ലിസി ആശുപത്രിയിൽ എത്തിച്ചത്. പൊലീസിനൊപ്പം അറുപതോളം ആംബുലൻസുകളാണ് കുട്ടിക്ക് വഴിയൊരുക്കാൻ തിരുവനന്തപുരം മുതൽ കൊച്ചിവരെ വിവിധ ഘട്ടങ്ങളിലായി പ്രധാന

ആംബുലൻസിനൊപ്പം അകമ്പടി യാത്ര ചെയ്തത്. രണ്ടു മണിക്കൂർ അൻപത്തിയഞ്ച് മിനിറ്റ് കൊണ്ടാണ് കനത്ത മഴയിലും കുട്ടിയെ കൊച്ചിയിൽ എത്തിച്ചത്. മുത്തൂറ്റ് കാപ്പിറ്റൽ സർവീസസ് ലിമിറ്റഡുമായി സഹകരിച്ച് സൗജന്യമായാണ് കുട്ടിയുടെ കുട്ടിയുടെ ശസ്ത്രക്രിയ നടത്തിയത്.

കുട്ടികളുടെ ഹൃദയത്തിന്റെ പ്രവർത്തനങ്ങൾ ഇപ്പോൾ സാധാരണനിലയിലാണെന്ന് ഡോക്ടർമാർ പറഞ്ഞു. ഡോ. തോമസ് മാത്യു, ഡോ. എഡ്വിൻ ഫ്രാൻസിസ്, ഡോ. സി. സുബ്രഹ്മണ്യൻ, ഡോ. അന്നു ജോസ്, ഡോ. വി. ബിജേഷ് എന്നിവരുടെ നേതൃത്വത്തിലായിരുന്നു ശസ്ത്രക്രിയയും തുടർ ചികിത്സകളും നടന്നത്.

കുട്ടികൾക്കും മാതാപിതാക്കൾക്കും ഒപ്പം കേക്ക് മുറിച്ചാണ് കവിയൂർ പൊന്നമ്മ സന്തോഷം പങ്കുവെച്ചത്. ആശുപത്രി ഡയറക്ടർ ഫാ. തോമസ് വൈക്കത്തുപറമ്പിലിന്റെ നേതൃത്വത്തിൽ വൈദികരും, ഡോ. ജോസ് ചാക്കോ പെരിയപുറം, ഡോ. റോണി മാത്യു കടവിൽ എന്നിവരുടെ നേതൃത്വത്തിൽ ഡോക്ടർമാരും, തോമസ് ജോർജ്ജ് മുത്തൂറ്റും കുട്ടികളെ യാത്രയാക്കാൻ എത്തിയിരുന്നു.





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World COPD day was organized on 15th November 2017 by the Medical Social Work Department and Department of Pulmonology of Lisie Hospital. Prior to the meeting there was a walkathon arranged for promoting the global theme of COPD: The many faces of COPD. It was from High Court junction to Ernakulathappan ground via the national highway with placards conveying the idea of protecting lungs from the chains of COPD.

The formal function started at 10:00 am with a prayer song by the MSW trainees. Mr. Delvin Sebastian, medical social worker welcomed the gathering. The presidential address was by Dr. Paramez, HOD of the Department of Pulmonology who explained the various aspects of disease and emphasized the theme and its relevance in the modern era, as the prevalence of the COPD was growing at an alarming rate. Inaugural note and lighting

of lamp was performed by Rev. Fr. Joseph Makhothakat, Asst. Director Lisie Hospital who conveyed the message of living with sufficient care and focusing both man and development in a balanced manner to check this disease in a systematic manner. Felicitation by Rev. Sr. Alphonsa HOD of MSW department, with a good mix of relevant examples to fight COPD through natural methods in a significant manner was very informative to the group. The presentation prepared by Dr. Thomas Kurian consultant pulmonology, was innovative and helped to generate awareness of this disease and methods to prevent the same at all possible levels. The programme concluded with the vote of thanks proposed by Mr. Arun K. Davis of MSW department. Free PFT arrangements were made by the medical representatives for all those who were present for the function.

WORLD MENTAL HEALTH DAY



The Medical Social Work Department of Lisie Hospital celebrated the WORLD MENTAL HEALTH DAY on 10th October 2017 on the theme "Mental Health in the Work Place". The program started with a prayer song by

Mr. Delvin Sebastian MSW Department. The welcome speech was delivered by Sr. Alphonsa Kootala DCPB, the Head of Department of Medical Social Work. The meeting was presided over by Rev. Fr. Thomas Vaikathuparambil, Director, Lisie Hospital. Meeting was inaugurated along with the release of theme by Dr. Jayaprakash, Psychiatrist, Mental Health Center, Kusumagiri. This was followed by an address by Dr. Babu Francis, Medical Superintendent, Lisie Hospital. Rev. Fr. Jerry Njaliath, Assistant Director, Lisie Medical and Educational Institutions, felicitated the gathering and appreciated the effort taken up by the Medical Social Work Department and third year B.Sc nursing students in organizing the function with attractive display of charts. This was followed by vote of thanks proposed by Ms. Ushas Joy, Medical Social Worker. The program ended with a skit presented by the MSW Department highlighting the theme and sending a message for practicing mental health at work place.



World Diabetes Day, 14th November 2017

The Medical Social Work department with the support of Dietetic department and Diabetology department organized world diabetes day on 14th November 2017 at the main reception area of the hospital. The program started with a prayer song by Ms. Sruthi Joy and team. Mr. Stoj MSW department, welcomed the gathering. The function was presided over by Rev. Fr. Ajo Moothedan, Asst. Director, Lisie Hospital, who in his address emphasized on the natural methods for prevention of diabetes. In the inaugural address Dr. George Poulouse, HOD of Diabetology department

highlighted the role of a doctor in decreasing the pace of this life style disease by meticulous and timely health checkup and adequate medical care and follow-up. Mrs. Anitha Johnson, HOD of Dietetics department explained on diet control and how natural diet would enhance health by diabetes control. The vote of thanks was proposed by Sr. Alphonsa DCPB. This was followed by an exhibition on diabetic footwear, which was arranged Mr. Johnson, Cochin Surgical and a food fair by Dietetic department, which made the program a grand success.



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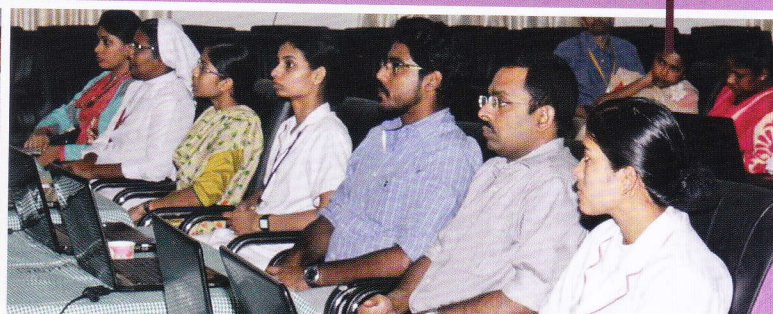
World Food Day



The Medical Social Work Department organized food day fest on 24th October 2017 in collaboration with the Lisie Diner and Dietetics Department. The medical social workers arranged delicious food, which included fruit salad and kappa

biryani in full and half proportions. The social workers packed and distributed the food items as per the order. The medical social work department could get an order of 310 kappa biriyani and 130 fruit salads. The medical social workers could collect an amount of Rs 19,460 in total. The program could not get expected impact as the order exceeded the limits and the department was unable to provide as per the required order.





https://www.facebook.com/pg/TheLisieHospitals/photos/?tab=album&album_id=848073798700333

On 29th November 2017, a half day NIHS training programme was conducted for doctors and nurses of Neurology Department and Emergency department. A total of 15 members participated in this programme. The programme was organized by Boehringer Ingelheim Company. The resource person was Dr. Rinz, General Physician. Programme was conducted from 2.00pm to

4.00pm. The National Institutes of Health Stroke Scale (NIHSS) is a systematic assessment tool that provides a quantitative measure of stroke-related neurologic deficit. The scale is widely used as a clinical assessment tool to evaluate acuity of stroke patients, determine appropriate treatment, and predict patient outcome.

BLS AND ACLS TRAINING PROGRAMMES



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AHA-BLS and ACLS an ongoing training programme were started at Lisie Hospital from 5th November 2017 to 26th November 2017 in four batches. The programme was conducted by IIEMS and coordinated by Rev. Fr. Anto Chalisery, Assistant Director Lisie Medical Institutions. IIEMS is an International Training Centre (ITC) of American Heart Association (AHA).

120 nursing staff was trained in BLS. The course was conducted in four batches on 5/11/2017, 11/11/2017, 12/11/2017 and 26/11/2017. Each batch had a maximum of 30 individual.

The scheduled for the next BLS programme is 20/01/2018 and 21/01/2018. ACLS programme is scheduled for our staff on 13/01/2018 and 14/01/2018.

OCT Training



Coronary Imaging is the new frontier in the interventional cardiology with Intravascular ultrasound (IVUS) and Optical coherence Tomography (OCT) of the coronary arteries. The Department of Cardiology at Lisie Hospital is one of best centers to have acquired these imaging tools a few years back.

A one day workshop on PCI Optimization with imaging was conducted on 6th and 7th October 2017. Fourteen Cardiologists from all over India attended this workshop which is planned quarterly. Dr Rony Mathew and Dr Jabir Abdullakutty from Department of Cardiology, Lisie Hospital and Dr Vijayakumar from MMM Chennai were the Course Directors.

Christmas Celebration-2017



Lisie Hospital Official Facebook Page : <https://www.facebook.com/TheLisieHospitals>

Christmas Celebrations-2017

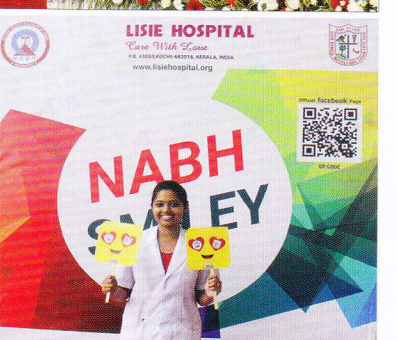
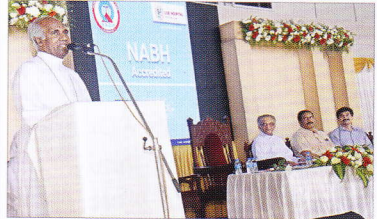


Lisie Hospital Official Facebook Page : <https://www.facebook.com/TheLisieHospitals/>



100

NABH Celebrations-2017



Lisie Hospital Official Facebook Page : <https://www.facebook.com/TheLisieHospitals/>

Commencement of New Batch of B.Sc Nursing



The commencement of class for first year BSc Nursing, 16th Batch was held on 3rd October, 2017. An induction programme was arranged in Lisie Auditorium at 11am. Fifty students along with their parents were present. The programme was inaugurated by Rev. Fr. Thomas Vaikathuparambil, Director, Lisie Hospital Rev. Fr. Jery Njaliath, Assistant Director, Lisie Medical and Educational Institutions

felicitated students and parents. Principal of Lisie College of Nursing, Dr. Usha Marath, gave an orientation of the course as well as rules and regulations. This was followed by self introduction of students and faculty. Among the parents, Mrs. Mini Prince, mother of Ann Prince was selected as PTA representative. The programme ended at 1pm.



Medical Social Work Department, Lisie Hospital, in association with St. Marys Church, Cheranallur, organized a medical camp at a St. Marys U.P school Kottaparamb, Cheranallur on 8th October 2017 from 8:30 am to 1:00 am. The medical camp began with the solemn mass by Rev. Fr. Ajo Moothedan, Assistant Director, Lisie Medical and Educational Institutions, Parish Priest along with parish members. Rev. Fr. Simon Pallupetta welcomed and offered a delicious breakfast and thereafter the medical camp started with the registration of patients, followed by consultation by

Medical Camp at Cheranallur

doctors Dr. Jagan Jose and Dr. Abin, who prescribed medicines to people detected with complaints. Dr. Sr. Shiji and Dr. Desha came around 11:00 pm and continued with the consultation. A few people were referred to Lisie hospital for further management. Blood pressure, blood sugar and pulmonary function test was evaluated as a part of the medical camp for all members. The medical team visited a bedridden patient nearby the camp area and checked Blood pressure. About 120 people attended the medical camp. During the camp a photo session of medical team along with the parish committee was done. The church contributed Rs. 25000/- for the charity and social work initiatives of the Lisie hospital. A few members of the parish also voluntarily donated Rs. 11000/- for the charity initiatives of the social work department. The medical camp ended at around 1:00 pm with a sumptuous lunch together with the parish priest and trustees.

Christmas Charity Fare

Pain and Palliative Care Department in association with Department of Medical Social Work and College of Pharmacy organized a Christmas charity fare on 12th December 2017. The event was formally inaugurated by the Director Rev. Fr. Thomas Vaikathuparambil. First sale was done by the Assistant Director Rev. Fr. Ajo moothedan. Variety of items like Christmas decorations, homely food products, and fancy items, prepared by palliative care volunteers were displayed for sale. It had tremendous response from the part of visitors to the hospital and the hospital employees who rendered a helping hand to the noble initiative of pain and palliative care team.

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Inauguration of Bsc. Medical Laboratory Technology Course

ECHOLIS 2017



Adding yet another feather to its cap the Lisie Medical and Educational Institutions started the four year course of BSc. Medical Laboratory Technology which is affiliated to Kerala University of Health Sciences (KUHS), Thrissur. It was a new venture of Lisie Medical and Educational Institutions and the course as well as the academic year was inaugurated on 18th December 2017. The aim of Lisie Medical and Educational Institutions is to provide quality education in the different realms of medical services and equip the person to serve the humanity in better way. Medical Laboratory Technology is a challenging

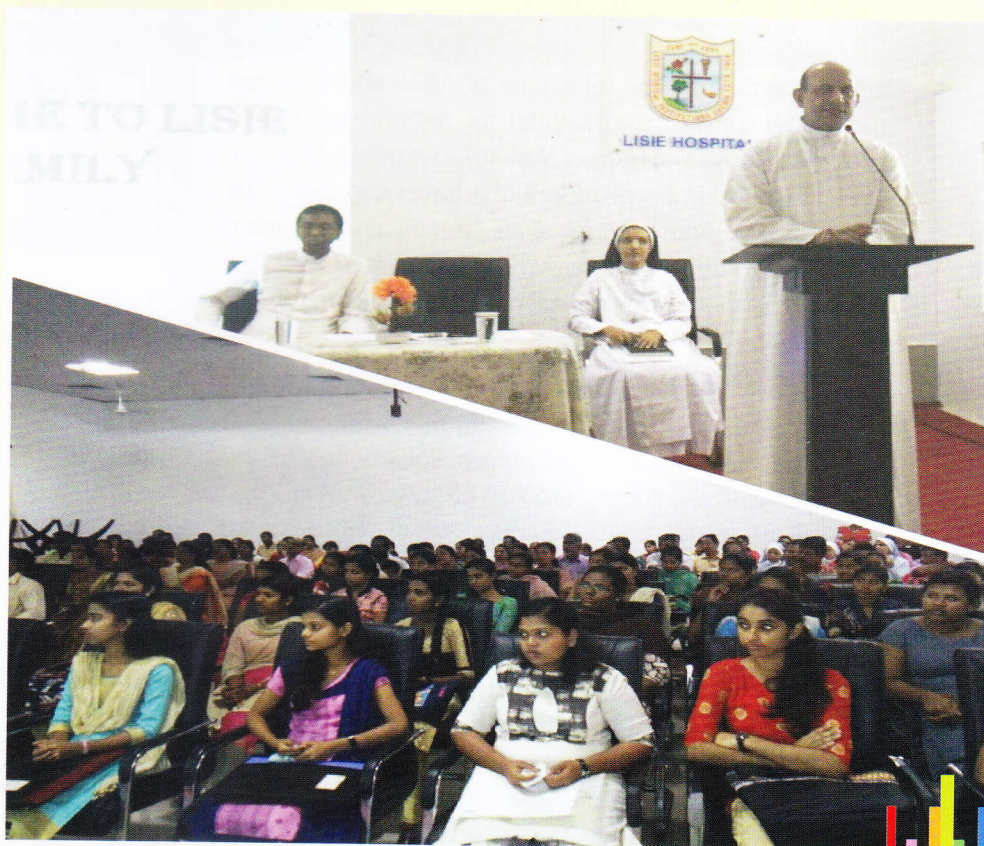
career, as it requires in providing better knowledge and skills which enable the student to become experts in Medical Laboratory Sciences. The course as well as the academic year 2017-2018 was inaugurated by Rev. Fr. Thomas Vaikathuparambil Director, Lisie Medical and Educational Institutions who also gave an outline of the course. Rev. Fr. Jery Njaliath, Assistant Director, Lisie Medical and Educational Institutions, Dr. Betty Urumese, Principal and Rev. Sr. Laiji. MSJ, addressed the gathering.

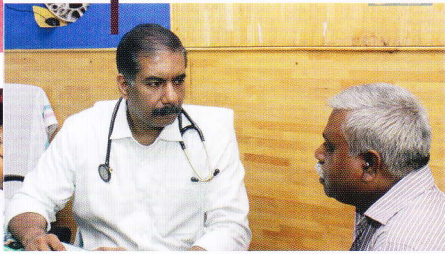


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Opening Ceremony Of GNM 57th Batch

The official opening ceremony of 57th GNM batch students was held on 3rd October 2017 in the CNE hall at 10.30 am. The programme started with a prayer and Mrs. Shimina Das; nursing tutor welcomed the gathering. Rev. Fr. Thomas Vaikathuparambil, Director, Lisie Medical and Educational Institutions inaugurated the function and greeted the freshers by advising them to be sincere in their nursing care. An inspirational message was delivered by Rev. Fr. Jery Njaliath Assistant Director, Lisie Medical and Educational Institutions, regarding the qualities of nursing profession. Rev. Sr. Fincy CMC, Principal, School of Nursing explained about the course description, rules and regulations of school, hospital and hostel premises. The function came to an end with Mrs. Remya. N Nursing tutor, proposing words of gratitude to all.





The Medical Social Work Department of Lisie Hospital with strong support from Nephrology Department and Varapuzha Unit Merchants Association

arranged free medical camp on 19th November 2017 for about 100 patients with medical checkup and consultation by Dr. Babu Francis, Medical Superintendent, Lisie Hospital. A session by Dr. Babu Francis for the public helped in generating an overview on kidney diseases and its possible prevention by natural remedies and medications.

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The medical camp organized was successfully coordinated by the social work department and the formal meeting was presided by Panchayat member Mr. Muhammed. The formal meeting was felicitated by Mr. Jimmy and Mr. George, representatives of Merchants Association Varapuzha. Vote of thanks was proposed by Mr. James, Treasurer of Merchants Association. The consultation was done systematically which included registration, treatment room modalities, and final consultation by Dr. Babu Francis.



The Medical Social Work Department along with 3rd year GNM students of School of Nursing Lisie Hospital made arrangements for the World AIDS Day celebration on 1st December 2017. Rev. Sr. Jesmi Jerome 3rd year GNM student welcomed the gathering. The meeting was inaugurated by Dr. Augustine Athapilly, Deputy Medical Superintendent, Lisie Hospital who in his address explained the relevance of AIDS and the need for proper care in the hospital for patients with such problem. Rev. Fr. Thomas Vaikathuparambil, Director Lisie Hospital, in his presidential address expressed the need for love with care for such patients and the need to do away with the stigma which is attached with this illness. The theme was released by the Suraksha Officer

WORLD AIDS DAY

Mrs. Midhu, who also took a session which helped the public in clarifying certain beliefs among them regarding AIDS and its different aspects. The pledge of the day was led by Rev. Sr. Alphonsa Kootala, HOD of MSW Department. Rev. Sr. Fincy, Principal, School of Nursing felicitated the gathering. This was followed by the distribution and badging by Mr. Delvin Sebastian, medical social worker. The program came to an end with vote of thanks by Ms. Ushas Joy, MSW Department. A skit by GNM Students, School of Nursing, Lisie Hospital was also arranged in hospital reception area and in the north railway station.



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District Level Skit Competition

As a part of world AIDS day celebration, District Medical office and Kerala state AIDS control society conducted a district level skit competition on 28th November 2017 for higher secondary and nursing students of Ernakulam district on the theme "AIDS prevention and youth" at government school of nursing Ernakulam. Six teams participated in the competition. Inauguration of the Programme was at 10.30 am by Deputy DMO. District malaria officer and MCH officer were the chief guest of the day. Lisie College of Nursing, with 15 members participated in the skit and won the first prize for the competition. Assistant DMO announced the prize winners and appreciated their effort. The winning team

was given the privilege to present the skit again, focusing on the prevention of AIDS among youth, at the district level meet at municipal town hall, Muvattupuzha. The prizes were awarded on 1st December 2017 during district level world AIDS day programme conducted at municipal town hall, Muvattupuzha.



Parent Teacher Association Meet

ECHOLIS 2017

A PTA meeting of Fourth year B.sc Nursing, Third year B.Sc Nursing and

Second year Post Basic B.Sc Nursing students was held on 23rd November 2017 and 7th December 2017 at Lisie College of Nursing. Mrs. Jasmine Joseph, PTA Secretary welcomed the gathering. The minutes of the previous meeting was read. Dr. Usha Marath, Principal, Lisie College of Nursing delivered the presidential address. Rev. Fr. Jery Njaliath, Asst. Director, Lisie Medical

and Educational institutions also spoke to parents. The issues of the students regarding academics, hostel, food and other areas were discussed both by parents and teachers. The session concluded with vote of thanks by Mrs. Manju George, Asso. Professor, College of Nursing. GNM internship students PTA meeting was held on 22-12-2017 Lisie School of Nursing. Important points discussed in this meeting are syllabus, leaves, course completion, registration and picnic.

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Freshers Day Celebration (GNM Students)



School of Nursing, Lisie Hospital, organized a sumptuous welcome party for the freshers on 23rd November 2017. Purpose of this event was to make every new member of Lisie School of Nursing to be an integral part of the Lisie family and prepare them to take on challenges ahead. The function started with prayer song. Ms. Akhanya Jose, 1st year GNM Student welcomed all. The function was inaugurated by Rev. Fr. Jery Njaliath, Assistant Director, Lisie Medical and Educational Institutions.

Rev. Fr. Ajo George Moothedan, Assistant Director, Lisie Medical and Educational Institutions and Rev. Sr. Fincy CMC, Principal, School of Nursing felicitated the gathering. Students' vivacious cultural events added color to this programme. The awards to the winners of "HUE FEST" was presented and was concluded with the vote of thanks proposed by Ms. Sreya, 1st year GNM Student.

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The first year GNM students of Lisie School of Nursing conducted nutrizione event on 29th November 2017, as a part of each curriculum. The students were assigned in 5 groups and each group prepared two delicious dishes which were later presented to the group.

NUTRIZIONE EVENT

Christmas Celebrations - 2017

Lisie Medical and Educational Institutions celebrated Christmas on 21/12/2017. Mr. Basil Saju 2nd year CSSD student welcomed the gathering. Programme started with prayer song by students of Nursing School. Rev. Fr. Thomas Vaikathuparambil, Director inaugurated the function by cutting the Christmas cake and delivered a Christmas message. Dr. Babu Francis, Medical Superintendent, and Rev. Sr. Elsy MSJ Nursing Administrator Lisie Hospital, felicitated the function. Winners of Crib and Carol song competitions were announced by Rev. Fr. Jery Paul Njaliath Assistant Director, Lisie Medical and Educational Institutions.

Crib Competition

Ist – School of Nursing

IInd – College of Nursing (2nd & 4th Years)

IIIrd – College of Nursing (1st & 3rd Years)

Carol Song Competition

Ist – College of Nursing (2nd & 4th Years)

IInd – College of Nursing (1st & 3rd Years)

IIIrd – Dialysis Technology

Rev. Fr. Ajo Moothedan, Assitant Director Lisie Medical and Educational Institutions, distributed prizes to the winners. Mr. Tom Varghese, first year D. Pharm student of College of Pharmacy, disguised as Santa Claus entertained the audience with his antics. Students of College of Nursing, who won first prize in carol competition endeared themselves to the audience with their joyful carol songs. The function came to a blissful ending with singing of Lisie Anthem by students of Lisie College of Pharmacy.

The various department in Lisie Hospital celebrated christmas on diffrent days.

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A Special Christmas Celebration with Children of Capernaum Home, Pachalam

Second year D. Pharm students and teachers of Lisie College of Pharmacy celebrated Christmas with differently abled children of Capernaum Home, Pachalam. The students enthusiastically and eargerly prepared for the visit. One week earlier itself they started preparing gifts and dresses for the children. The visit was on 22nd December 2017. Students sang songs and danced with the children. The little ones of Capernaum became very happy on seeing Christmas pappa and they relished sweets and cakes distributed by Christmas Pappa. It was a memorable Christmas celebration for Students of Lisie College of Pharmacy as well as Capernaum kids. Besides, our students realised how lucky they were in having loving family members as well as good health.



The Freshers' Day

The Fresher's day programme of 16th batch BSc Nursing students was held on 22nd November 2017 at 2.30pm in the multipurpose hall, Lisie College of Nursing. The first year students exhibited their talent with various cultural programmes such as Margamkali, Nandanpattu, Solo song, Contemporary dance, fusion dance and Mime. Rev. Fr. Jery Njaliath Assistant Director Lisie Medical and Educational Institutions and Rev. Fr. Ajo George



Moothedan Assistant Director, Lisie Medical and Educational Institutions

encouraged the students with their presence. The programme ended with Lisie Anthem.

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A Day Out to Nature



After a lot of planning, with a mind to explore and enjoy, second year D.Pharm Students went for an excursion to Munnar on 18th November 2017. Three teachers and a parent representative joined us.

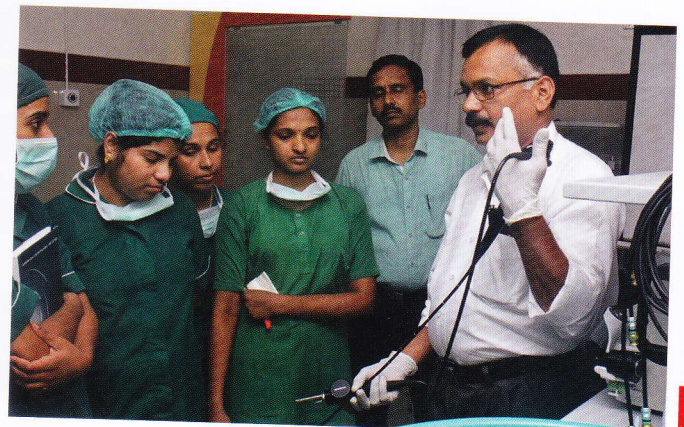
Enjoying the beauty of virgin forests, rolling hills, splashy waterfalls, and sprawling tea plantations. We reached our first destination, the Top Station, an excellent view point of Tamil Nadu. Valleys and mountains in –the-midst-of-clouds was an extraordinary sight. We also visited Echo Point, Kundala Dam and Mattupetty Dam and Lake. After lunch we headed to Rose Gardens and students were busy taking snaps in scenic beauty of flowers and others eager to get a fish foot spa in the aquarium and others in songs and games. After a full day of enjoyment and fun we started our journey back with a cool and refreshing experience of Munnar which would lie in our memories for ever.

Training On Scope Disinfection



On 25th November 2017, a half day training session was arranged for all the OT Incharges and OT Staff Nurses on flexible endoscope disinfection technique. The Olympus training Coordinator Mr. Pradeep Kumar was the chief resource person. The class was

coordinated by the Infection Control Department. A hands-on session was included and it was very effective in improving the practices and eliminating their queries. At the end of the session the participants were certified as Nurse Technician in endoscope handling and a certificate for the same was given to them.



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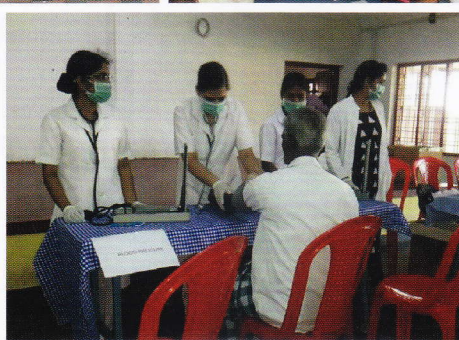
On 24th November 2017, a full day Leadership training programme was conducted for all the nurse managers, Nursing Supervisors and Nurse in charges. Nipro Smart Kerala region Manager Mr. Aneesh was the resource person. Programme started at 9.00am. Practical session

was also included so that the participants are able to identify their leadership skills. As a part of Hospital training programme, the class was coordinated by Rev. Fr. Anto Chalissery, Assistant Director, Lisie Medical and Educational Institutions.

CHARITY SEES THE NEED NOT THE CAUSE



The great disaster faced by people of Kerala in 2017 was Ockhi which played havoc to the lives of many. The impact of this at Chellanam was huge as many lost their lives, some became homeless and others were in great loss. Lisie School of Nursing Principal, teachers and students decided to share the joy of Christmas with the Ockhi victims in Chellanam on 21st December 2017. Rev. Fr. Francis Poopady, Vicar of St. Sebastian Church, Chellanam passed on the information about the needy people. A fund was raised which amounted to Rs. 25,001/- . This was handed over to Mrs. Mary Jincy, a victim of Ockhi. Clothes were collected and later distributed to all other needy people at Chellanam.



Along with this, the MSW department of Lisie Hospital and Bharath Matha College Thrikkakara organized a Medical camp for Ockhi victims. Medical camp was conducted by doctors from General Medicine of Lisie Hospital, Medical social workers and GNM students of Lisie School of Nursing. Basic treatment and general health check up was done.

GUIDELINES FOR SENDING REPORT/NEWS/WRITE-UP FOR ECHOLIS (NEWSLETTER OF LISIE)

LISIE COLLEGE OF NURSING
LISIE HOSPITAL, ERNAKULAM,
LIBRARY

- ❖ Maximum of 300 words and a photograph for events or news of one to two days.
- ❖ Maximum of 500 words and two to three photographs for events of 3 to 5 days or more.
- ❖ One page for NABH- Quality control
- ❖ One page for highlight of a department in a particular issue with one photograph of all personnel of the department.
- ❖ Small write- up for individual events or accomplishment (honors, awards, prizes, ranks etc) with a passport photograph of the individual.
- ❖ Prominent, common functions write up – half page with a prominent photograph.
- ❖ All write- ups, reports, should be e mailed within 3 to 4 days after the event along with the photograph in the above mentioned format.
- ❖ All the heads of department to ensure that the respective details have been timely emailed. For the forthcoming issue the last date to get the write-ups and photographs is 31-03-2018. lisienewsletter2013@gmail.com

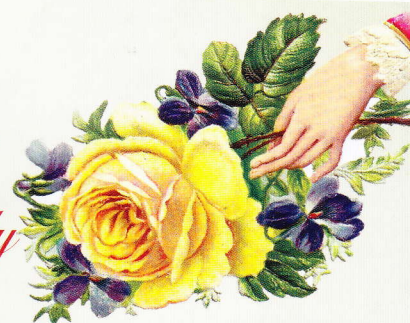
Fr. Jery Njaliath

*Farewell Greetings
to Our Beloved Doctors*



**Dr. Chengalath
Manoras Mathew**
(Cardiac Surgery)
(Jr. Consultant)

*Welcome to
Lisie Family*



Dr. Antony George
(Cardiac Anesthesia -
Consultant)



Dr. Vishnu Das K. R.
(Anesthesia - Jr. Consultant)



Dr. John J Vaidya
(Neurology - Consultant)

Important Health Days

January

- 2nd to 7th Road Safety Week
30 World Leprosy Eradication Day

February

- 4 World Cancer Day
12 Sexual and Reproductive
Health Awareness Day

March

- 6 Glaucoma Day

- 8 International Women's day
11 No Smoking Day
12 World Kidney Day
15 World Consumer Rights Day
16 Measles Immunization Day
22 World Water Day
24 World TB day

LISIE HOSPITAL, ERNAKULAM

Advance Booking No: 0484 2401141, 2402044, Extn. 5027

വിവിധ ചികിത്സാ വിഭാഗങ്ങളും ഒ.പി. ദിവസങ്ങളും

ജനറൽ മെഡിസിൻ

1. ഡോ. ടി.കെ. ജോസഫ് (തിങ്കൾ - ശനി)
2. ഡോ. അഗസ്റ്റിൻ എ.കെ (തിങ്കൾ - ശനി)
3. ഡോ. എ.പി. ജോണി (തിങ്കൾ - ശനി)
4. ഡോ. ജോർജ്ജ് സേവ്യർ (തിങ്കൾ - ശനി)
5. ഡോ. അഭിലാഷ് ചാക്കോ (തിങ്കൾ - ശനി)
6. ഡോ. എബിൾ ജെ. കുളങ്ങര (തിങ്കൾ - ശനി)

ഡയബറ്റോളജി വിഭാഗം (പ്രമേഹ രോഗ ചികിത്സാ വിഭാഗം)

1. ഡോ. ജോർജ്ജ് പൗലോസ് (തിങ്കൾ - ശനി)
2. ഡോ. ബെറ്റുസി ആനി കോശി (തിങ്കൾ - ശനി) (On leave)

പൾമനോളജി (ശ്വാസകോശ രോഗ വിഭാഗം)

1. ഡോ. പരമേശ് എ. ആർ. (തിങ്കൾ - ശനി)
2. ഡോ. തോമസ് കുര്യൻ (തിങ്കൾ - ശനി)

ജനറൽ സർജറി വിഭാഗം (ശസ്ത്രക്രിയ വിഭാഗം)

1. ഡോ. ജോയ് മാമ്പിള്ളി (ചൊവ്വ വ്യാഴം ശനി)
2. ഡോ. പൗലോസ് ജേക്കബ് (ചൊവ്വ, വ്യാഴം, ശനി)
3. ഡോ. സന്ദീപ് ജനാർദ്ദൻ (തിങ്കൾ, ബുധൻ, വെള്ളി)

ഡെർമറ്റോളജി (ത്വക്ക് രോഗ വിഭാഗം)

1. ഡോ. സോമൻ പീറ്റർ (തിങ്കൾ, ചൊവ്വ, വ്യാഴം, വെള്ളി, ശനി)

ഓഫ്താൽമോളജി (നേത്ര രോഗ വിഭാഗം)

1. ഡോ. ലതാ മാത്യു (തിങ്കൾ, ചൊവ്വ, വ്യാഴം, ശനി)

ഇ.എൻ.ടി. (ചെവി, മൂക്ക്, തൊണ്ട വിഭാഗം)

1. ഡോ. റ്റിന വർഗ്ഗീസ് (ചൊവ്വ, വ്യാഴം, ശനി)
2. ഡോ. ഫ്രാങ്കി ജോസ് (തിങ്കൾ, ബുധൻ, വെള്ളി)
3. ഡോ. ദിവ്യ മോഹൻ വി. (ചൊവ്വ, വ്യാഴം, ശനി)
4. ഡോ. ജോസഫ് മാത്യു (തിങ്കൾ, ബുധൻ, വെള്ളി)
5. ഡോ. ജെറീൻ എബനേസർ (തിങ്കൾ, ബുധൻ, വെള്ളി)

ഓർത്തോപീഡിക്സ് (അസ്ഥി രോഗ വിഭാഗം)

1. ഡോ. കെ. രാജറാം (ചൊവ്വ, വ്യാഴം, ശനി)
2. ഡോ. സുരേഷ് പോൾ (തിങ്കൾ, ബുധൻ, വെള്ളി)
3. ഡോ. ബിജു പി. എ. (ചൊവ്വ, വ്യാഴം, ശനി)
4. ഡോ. മനോജ് എം (തിങ്കൾ, ബുധൻ, വെള്ളി)

സൈക്യാട്രി (മാനസിക രോഗ വിഭാഗം)

1. ഡോ. കുറുവില തോമസ് (തിങ്കൾ - ശനി After 4 pm)

ഗ്യാസ്ട്രോ എന്ററോളജി (ഉദര രോഗ വിഭാഗം)

1. ഡോ. തോമസ് ജെയിംസ് (തിങ്കൾ - ശനി)
2. ഡോ. ജോണി സിറിയക് (തിങ്കൾ - ശനി)

ഗ്യാസ്ട്രോ ഇന്റസ്റ്റിനൽ ഫെഷ്റ്റൊബില്ലറി & പാൻക്രിയാറ്റിക് സർജറി

1. ഡോ. സുനിൽ റ്റി. (തിങ്കൾ pm, ബുധൻ, വെള്ളി, ശനി pm)

നെഫ്രോളജി (വൃക്ക രോഗ വിഭാഗം)

1. ഡോ. ബാബു ഫ്രാൻസിസ് (തിങ്കൾ - വെള്ളി)
2. ഡോ. ജോസ് പി. പോൾ (തിങ്കൾ - വെള്ളി)

ന്യൂറോളജി (മസ്തിഷ്ക രോഗ വിഭാഗം)

1. ഡോ. വിദ്യ എം. വി. (തിങ്കൾ - ശനി)
2. ഡോ. അരുൺ കുമാർ എം. എൽ. (തിങ്കൾ - ശനി)
3. ഡോ. ജോൺ ജെ. വൈദ്യ (തിങ്കൾ - ശനി)

ന്യൂറോ സർജറി (മസ്തിഷ്ക രോഗ വിഭാഗം)

1. ഡോ. കോശി ജോർജ്ജ് (തിങ്കൾ - വ്യാഴം)
2. ഡോ. ബി ശ്യാം (ചൊവ്വ, വെള്ളി)
3. ഡോ. കൃഷ്ണദാസ് (ബുധൻ, ശനി)
4. ഡോ. സന്തോഷ് ജോർജ്ജ് തോമസ് (വ്യാഴം, ശനി)

5. ഡോ. ബിജി ബാഹുലേയൻ (തിങ്കൾ, ബുധൻ)

ഫിസിക്കൽ മെഡിസിൻ & റീഹാബിലിറ്റേഷൻ

1. ഡോ. സി. ഷിജി ഫ്രാൻസിസ് (സി. ക്രിസ്റ്റിൻ) (തിങ്കൾ - ശനി)

ഡെന്റൽ വിഭാഗം (ദന്ത രോഗ വിഭാഗം)

1. ഡോ. ബിജി രാജ് (തിങ്കൾ - ശനി)
2. ഡോ. ജേക്കബ് ചാക്കോ (തിങ്കൾ - വ്യാഴം, ശനി)
3. ഡോ. റോസ് കുര്യൻ (തിങ്കൾ - ശനി)
4. ഡോ. ടെറി തോമസ് (വെള്ളി)
5. ഡോ. ഫോമ ഗിൽബർട്ട് (തിങ്കൾ - ശനി)

ഓങ്കോളജി വിഭാഗം

1. ഡോ. അശോക് എസ്. കൊമരൻചാത്ത് (തിങ്കൾ - ശനി)

സർജിക്കൽ ഓങ്കോളജി വിഭാഗം

1. ഡോ. അരുൺ പീറ്റർ മാത്യു (തിങ്കൾ, ബുധൻ, വെള്ളി)

പീഡിയാട്രിക്സ് വിഭാഗം (ശിശുരോഗ വിഭാഗം)

1. ഡോ. മാർഗരറ്റ് ജോസഫ് (തിങ്കൾ - ശനി am only)
2. ഡോ. ജെസി തോമസ് (തിങ്കൾ - ശനി)
3. ഡോ. ശശിധരൻ പി. യു. (തിങ്കൾ - ശനി)
4. ഡോ. ഹീമ മാത്യുസ് പി. (തിങ്കൾ - ശനി)

നിയോ നെട്രോളജി വിഭാഗം

1. ഡോ. ശിവജി ആർ. ഫാൾട് (തിങ്കൾ - ശനി)
2. ഡോ. ശ്രുതി സുധാകരൻ (തിങ്കൾ - ശനി)

ജീനിയോളജി വിഭാഗം

1. ഡോ. റോസക്കുട്ടി മാത്യു (തിങ്കൾ am - ശനി am)
2. ഡോ. സാരാമ്മ ഈശോ (തിങ്കൾ am - ശനി am)

നൈനോളജി വിഭാഗം

1. ഡോ. എയ്മി ഡിസുസ (ചൊവ്വ, വ്യാഴം, ശനി)
2. ഡോ. രമാദേവി (തിങ്കൾ, ബുധൻ, വെള്ളി)
3. ഡോ. Sr. റാണി പോൾ (തിങ്കൾ, ബുധൻ, വെള്ളി)
4. ഡോ. സിമി രാജ് ടി. ജെ. (ചൊവ്വ, വ്യാഴം, ശനി)
5. ഡോ. സുമി പി. തമ്പി (ചൊവ്വ, വ്യാഴം, ശനി)

യൂറോളജി വിഭാഗം

1. ഡോ. ദാമോദരൻ നമ്പ്യാർ (തിങ്കൾ pm, ബുധൻ, വെള്ളി)
2. ഡോ. വിജു ജോർജ്ജ് (ചൊവ്വ pm, വ്യാഴം, ശനി)
3. ഡോ. തോമസ് പുതുക്കാടൻ (ചൊവ്വ, വെള്ളി)
4. ഡോ. സനിൽ കുമാർ എൻ. കെ. (ചൊവ്വ am, ബുധൻ, വ്യാഴം)

കാർഡിയോളജി (ഹൃദയ രോഗ വിഭാഗം) Booking No. 0484 2401821

1. ഡോ. റോണി മാത്യു കടവിൽ (തിങ്കൾ - വെള്ളി)
2. ഡോ. ജേക്കബ് ജോസഫ് (തിങ്കൾ - വെള്ളി)
3. ഡോ. ജാബിർ അബ്ദുള്ളക്കുട്ടി (തിങ്കൾ - വെള്ളി)
4. ഡോ. ജിമ്മി ജോർജ്ജ് (ബുധൻ, വ്യാഴം)
5. ഡോ. അജിത്ത് കുമാർ കെ.ആർ. (തിങ്കൾ, വ്യാഴം am)
6. ഡോ. ജോ ജോസഫ് (ചൊവ്വ, വെള്ളി)
7. ഡോ. ഓ. പി. മാത്യു (തിങ്കൾ pm, വ്യാഴം pm, വെള്ളി pm)

ഇലക്ട്രോ ഫിസിയോളജി

1. ഡോ. അജിത് തച്ചീൽ (ചൊവ്വ - ശനി)

കാർഡിയാക് സർജറി

1. ഡോ. ജോസ് ചാക്കോ പെരിയപ്പുറം (ചൊവ്വ, ബുധൻ, വെള്ളി)
2. ഡോ. ഭാസ്കർ രത്നാഥൻ (തിങ്കൾ - വെള്ളി)

പീഡിയാട്രിക് കാർഡിയോളജി

1. ഡോ. എഡ്വിൻ ഫ്രാൻസിസ് (തിങ്കൾ - ശനി)
2. ഡോ. അനൂ ജോസ് (തിങ്കൾ - ശനി)
3. ഡോ. ബിജേഷ് വി.വി. (ചൊവ്വ, വ്യാഴം)

പീഡിയാട്രിക് കാർഡിയാക് സർജറി

1. ഡോ. തോമസ് മാത്യു (തിങ്കൾ - ശനി)

For any Emergency, Contact : 9895756164 (അത്യാഹിത വിഭാഗം)