Greetings.

NIPAH was in the news till recently. Luckily the threat of NIPAH is gradually receding. But another outbreak of an infectious disease is just waiting to happen. The arrival of monsoon and the poor state of waste disposal in our society sets the right milieu for the outbreak of an epidemic. To keep all monsoon diseases at bay we need to take care of our drinking water, food items, and our surroundings.

The biggest challenge faced by Calicut medical college authorities at the time of NIPAH outbreak was to contain the spread, by controlling the crowd.

Visiting sick patients in groups is ingrained in our culture. We never bother about the inconvenience this may cause to patients as well as the hospital authorities. There is an urgent need to remind the general public to follow hospital etiquette or rules...

These etiquettes ensure the safety and well-being of patients by restricting factors like noise, crowd, and pollution in the hospital. It is better to avoid hospital visit when having viral infections like cold, cough, flu, or fever. Most patients have a weakened immune system, and are more susceptible to infection. Also, the time spent in the hospital should be as short as possible.

Taking children to hospitals should be a strict NO. Let us respect and strictly follow the hospital etiquette. Let us avoid overcrowding and pollution in hospitals and help improve the sanctity of the environment of the hospitals.

"Small changes and small steps can create a massive impact"

MAY THE ALMIGHTY GOD BLESS YOU.

Fr Thomas Vaikathuparambil
Director
A new history was created the day when a government and private hospital joined hands to save the life of a frail little baby, Asiya Mehrin. Asiya Mehrin literally translates to “luminous comforter” and the name is most apt for her. What she has to convey to the world is a miraculous story full of radiance and hope that can leave even the medical fraternity in awe. She still had three more months to be in her mother’s womb, but her mother gave birth, pre-maturely to a child weighing merely 550 grams. This entailed a six-month long hospital stay owing to a heart problem, during which time she had the undivided attention of doctors from two hospital. Asiya who is the third child born to Muhammed and Fousiya was delivered at a local hospital in Thodupuzha with little facility to care for such a preterm baby. Though they were not given much hope about baby’s well-being, her parents were never willing to give up on the much-awaited girl child born after two boys. They contacted Dr Peter Vazhayil, the Neonatology unit chief, and transported the baby in a critical care ambulance to Government Medical College Kalamassery.

However, Dr Peter got in touch with Dr Thomas Mathew, Consultant Pediatric Cardiac surgeon of Lisie Hospital. Asiya was then taken to Lisie Hospital where she underwent a cardiac surgery to correct the condition, becoming the smallest child in Kerala to undergo surgical correction for heart disease. She was cared for by the pediatric cardiology team at Lisie Hospital which included Dr Thomas Mathew, Dr Edwin Francis, Dr C Subramanian, Dr Annu Jose, and Dr Bijesh V. The team received all the support from Dr Jose Chacko Periyapuram, Dr Rony Mathew, and Dr Jacob Abraham. The Hospital was generous enough to provide free treatment as well as follow-up care at the medical college taking into consideration the family’s financial constraints. After the surgery, the baby was taken back to the medical college and was under the care of Dr Somasekharan Pillai, Dr Peter Vazhayil, and Dr Sindhu Stephen for a span of another 6 months. The baby had to be on a ventilator for almost a month and even though the heart disease was taken care of, there were lots of other health complications. It was the sheer hard-work and dedication of the doctors and staff at the medical college that saw the baby through the next few months. Above all, the strong support and patience shown by the parents were remarkable. At the time of her first birthday, she looked healthy, weighing more than five kilograms. Her birthday was celebrated at Government Medical College Kalamassery. The function was attended by Rev Fr Ajo Moothedan, Assistant Director Lisie Hospital, Dr R Jayasree, Vice Principal, Government Medical College, along with other doctors, staffs and the proud parents.
The International Nurses Day 2018 was celebrated as a one week programme from 07 May 2018 to 12 May 2018 with various indoor and outdoor programmes.

7 May 2018:- An opening ceremony of the International Nurses Week celebrations was conducted at 9.30 am in the training hall by Rev Fr Thomas Vaikathuparambil, Director, Lisie Hospital, in the presence of other dignitaries, Rev Fr Ajo George Moothedan, Assistant Director, Lisie Hospital, Rev Sr Elsy MSJ, Nursing administrator, Lisie Hospital, Dr Usha Marath, Principal, Lisie College of Nursing, and Dr Babu Francis Medical Superintendent, Lisie Hospital. The function started with a prayer song followed by welcome speech by Ms Ashitta Antony, Staff nurse, Lisie Hospital. Fr Thomas Vaikathuparambil inaugurated the function by lighting the traditional lamp and delivered the inaugural address. Nurse’s day theme - NURSES A VOICE TO LEAD, HEALTH IS A HUMAN RIGHT, was released by Sr Elsy MSJ. Dr Usha Marath delivered the Nurses Day message to all the nurses and Fr Ajo George Moothedan and Dr Babu Francis felicitated the nurses. Ms Simi Paul, Staff Nurse, Lisie Hospital expressed thanks to all members on and off the dais and the programme came to an end with Lisie anthem. Poster competition was conducted on the same day on the theme. The poster evaluation was done by Rev Fr Joseph Makothakatt, Assistant Director, Lisie Hospital, Dr Usha Marath, and Mrs Anitha Abraham, Vice Principal, Lisie College of Pharmacy.

The winners were IST PRIZE: GROUP NUMBER 6 (PLICU, MICU, NMICU, NEPHRO ICU), IIND PRIZE: GROUP NUMBER 3 (NSICU, SICU, TPICU, TREATMENT ROOM & RECOVERY), IIIRD PRIZE: GROUP NUMBER 11 (CTICU, PCICU). In the evening session, a quiz competition was conducted at 2.30 pm in the training hall by Mrs Sumathi PV, Assistant Professor, Lisie College of Nursing. On the basis of the preliminary session, 6 teams were shortlisted for the final round. Quiz was conducted in 3 rounds (subject round, visual round, and rapid fire round). The winners of quiz competition were IST PRIZE: GROUP 12 (CT-EXTENSION, CTOT), IIND PRIZE: GROUP 13 (Cath Lab, St Francis Cardiology). Following this, Fr Ajo George Moothedan handed a memento as a token of appreciation to Mrs Sumathi PV, Quiz Master.

8 May 2018:- On the second day the program was conducted in Subash Park, Ernakulam, for Cochin Cooperation Employees. The function started at 11.30 am with a prayer song. Ms Ashita Antony, Staff nurse, Lisie Hospital welcomed the gathering. Rev Fr Thomas Vaikathuparambil, Director, Lisie Hospital delivered the presidential address. Mr KVP Krishna Kumar, Chairman, Tax Appeal Standing Committee inaugurated the function. Ms Simi Paul, Staff nurse, Lisie Hospital expressed vote of thanks to all and followed by national anthem. After the inaugural function, public awareness class on CPR was conducted by Ms Chinju Chackochan and team, Staff Nurses, Lisie Hospital. This was then followed by health check for the Cochin Cooperation Employees, Dr Thomas Kurain, Pulmonology Department, Lisie Hospital and Dr Sr Shiji, Physical Medicine and Rehabilitation Department conducted the medical checkup. Around 60 employees attended the health camp. The medical camp concluded at 2.00 pm. Simultaneously, in the morning session, essay writing competition for the staff nurses, on the theme “SOCIOLOGICAL ISSUES IN NURSING” was held at Lisie Hospital. Fifty staff nurses participated. The winners were IST PRIZE: Ms
Chinchu George, IIND PRIZE: Ms Harsha Haridas. At 2.30 pm, Mime competition started. Six teams participated in the competition. The judges were Mrs Manju George, Associate Professor, Lisie College of Nursing, and Rev Sr Fincy CMC, Principal Lisie School of Nursing. The winners of the mime competition were IST PRIZE: GROUP NUMBER 7 (St Luke, St Thomas, St James, Admission Lounge & Gastro ICU), IIND PRIZE: GROUP NUMBER 11 (CTICU, PCICU), IIIRD PRIZE: GROUP NUMBER 6 (PLICU, MICU, NMICU, Nephro ICU).

9 May 2018:- On the 3rd day a seminar on IV cannulation by Mr Aneesh, General Manager, NIPRO, was conducted for the staff nurses in 2 batches. First session was from 9.30 am to 12.30 am and second session was from 2.30 pm to 5.30 pm. Theoretical and practical sessions were included in the class. Hundred staff nurses attended the seminar. Quiz competition was conducted by the team from NIPRO and cash prizes were distributed to the winners. On the same day, solo song and group song competition for staff nurses were conducted in the College of Nursing. Judges for the competition were Mr Kesavadas, Senior Accountant, Lisie Hospital and Mrs Remya, Tutor, Lisie School of Nursing. Twelve participants were there for solo song and 6 teams for group song. Winners were SOLO SONG COMPETITION IST PRIZE: Ms Rince Rajan (GROUP 6), IIND PRIZE: Ms Neethu Varghese (GROUP 12), and IIIRD PRIZE: Ms. Mariya Mathew (GROUP 3). For the GROUP SONG COMPETITION IST PRIZE: GROUP 3(NSICU, SICU, TPICU, Treatment room & recovery), IIND PRIZE: GROUP 6 (PLICU, MICU, NMICU & NPICU) and IIIRD PRIZE: GROUP 8 (EMERGENCY, ST. JUDE, LIRRIS).

10 May 2018:- A spiritual and motivational class was conducted in two batches (forenoon and afternoon) for the nurses by Rev Fr Sijo Areekatt, Health Commission Secretary. Around 150 staff nurses attended the class.

Continue on Page 13
Fourth year BSc nursing students organized a child health clinic on 10 May 2018. It was co-ordinated by community health nursing department of Lisie college of Nursing in association with PHC Puthuvype. The programme was inaugurated by Mrs Bindu, member of local civil administration and presided by Mr Kailasan, member of local civil administration. The programme included health check-up for children and a health awareness session which included a skit, class and exhibition. Sixty children attended the programme. Mrs Sheenamol, Heath Inspector of Puthuvype PHC felicitated the gathering. Mrs Reena, Assistant Professor, Lisie College of Nursing, Mrs Ambika, Junior Public Health Nurse, Puthuvype PHC and ASHA workers of the area were present in the programme.

PTA Meeting - Lisie College of Nursing

The PTA meeting of first year BSc Nursing was held on 5 April 2018, at 11.00 am in the Examination Hall of Lisie College of Nursing. The minutes of the previous meeting was passed. Rev Fr Jery Njaliath, Assistant Director, Lisie Medical and Educational Institutions and Dr Usha Marath, Principal addressed the parents. Parents utilized the open forum to express their suggestions, opinions and feelings of their wards. Around 75 parents attended the meeting which came to an end at 12.30 pm.

Oath Taking Ceremony
Lisie College of Nursing

The Oath Taking Ceremony of first year BSc Nursing students was held on 13 April 2018 at 10.30 am in Lisie College of Nursing, Mrs Mary Poulase, Class Coordinator welcomed the gathering. Rev Fr Ajo Moothedan, Assistant Director, Lisie Medical and Educational Institutions, inaugurated the function and appreciated and motivated the students with thought provoking message. Dr Usha Marath, Principal, College of Nursing, led the Oath and felicitated the students. Fifty students took Oath in the presence of their teachers. The meeting concluded with vote of thanks by Mrs Neenu K, Assistant Coordinator.

https://www.facebook.com/pg/TheLisieHospitals/photos/?tab=album&album_id=926829167462
The Medical Social Work Department of the Lisie hospital was renovated on 16 April 2018. The previous department was completely modified to a new one with sufficient interior arrangements including shelves, table and cabin system for accommodating staff and numerous patients and bystanders approaching the department for the services of the medical social department. The department was given a new look with well furnished cupboards and cabins for the staff and the Head of the Department. The blessing was graced by Rev Fr Ajo Moohedan, Assistant Director, Lisie Hospital. This was followed by distribution of sweets to all the staff and trainees by Rev Sr Alphonsa, HOD, MSW Department. The department was visited by the management executives and staff appreciating the interior design and recognizing the importance of medical social work department. Sr Alphonsa thanked the management.

WORLD HEALTH DAY 2018

The Medical Social Work Department with strong support from first year BSc nursing students arranged a program at Ernakulam town railway station. The program started with an inaugural function which was presided by Mr Girish, Head of Railway Police Force, Ernakulam Town railway station. Mr Biju PA, Station Manager in his felicitation emphasized the importance of developing a healthy generation in promoting health care of the community and the individuals equally. Rev Sr Alphonsa Kootala, HOD, MSW Department, in her address focused on the need for conserving health of all irrespective of the age as health is a gift from God. The charts which were exhibited was indeed an eye opener for the public to safeguard their health by focusing on early detection and diagnosis using the health care systems and focusing on prevention at primary, secondary and tertiary levels. The skit by first year BSc nursing students helped in generating awareness among public in taking adequate measures in safeguarding the health aspect of the individual and community as a collective responsibility of individual as well as society.
Haemodialysis is a form of treatment which performs the functions of a healthy kidney. Lisie Hospital Dialysis centre was started on 19 April 1994 with a few dialysis machines and gradually new machines were added based on the needs of a large number of renal failure patients. The blessing of Msgr Parakkal Memorial Dialysis Centre was done by Rt Rev Mar Sebastian Adayananthrath on 8 March 2015. Msgr Parakkal Memorial Dialysis Centre is located on the ground floor of St Antony’s Block. Currently the centre has 34 Haemodialysis machines and 1 CRRT (Continuous Renal Replacement Therapy) Machine. There are two separate units for Dialysis, Unit 1 and Unit 2. All virology negative patients are admitted in Unit 1 and all positive patients are admitted in Unit 2. Other than haemodialysis routine procedures are also performed like plasmapheresis, CRRT, centreline insertion, phlebotomy, ascites tapping etc. If any complications arises during dialysis, emergency management for the patients is provided and the patient is shifted to HDICU.

FUNCTIONING OF DIALYSIS CENTRE

The centre functions from Monday to Saturday. On Sunday, the entire unit is thoroughly cleaned and disinfected. Whenever necessary as per doctors order, dialysis of IP patients and ICU patients is carried out in addition to maintenance of water treatment plant. A co-operative and collaborative work under the able guidance of Rev Sr Pear CSC, unit-in-charge, all nurses staffs and dialysis technicians, students, ANM and housekeeping staffs is the secret behind the proper functioning of dialysis centre. On an average 75 to 85 haemodialysis is performed each day.

BLESSING OF FOUR NEW DIALYSIS MACHINE

To meet the increasing demand of patients, Lisie Dialysis Centre has inducted four new dialysis machines from Fresenius Medical Care. Blessing of the four new machines was done on 5 April 2018 at 9.00 am by Rev Fr Thomas Vaikathuparambil (Director, Lisie Hospital, Ernakulam), Assistant Directors, Rev Fr Ajo Moothedan, Rev Fr Anto Challissery, and Rev Fr Jery Njaliath, along with Nephrology Consultants Dr Babu Francis, Dr Jose P Paul, Dr Sasidharan Pillai, Dr Hameeda, Dr Amala, and Dr Muhezena, Rev Sr Leeda Maria (Nurse Manager, Lisie Hospital) and all Nurses, Technicians and other staffs made this benediction more vivid.

As part of World Tuberculosis Day celebrations MSW Department conducted a poster competition for the students of Lisie Medical and Educational Institutions. Based on the theme “prevention is the best cure” large number of students participated in the competition. Cash prizes were distributed to Ms Theresa Martin bagging the first prize, second and third prize was awarded to Ms Athira and Ms Athulya and Ms Metilda Damien respectively in the Director’s cabin in the presence of Rev Fr Ajo George Moothedan, Dr Pramez Ayyapath, Dr Thomas Kurian, consultants of Department of Pulmonology and Rev Sr Alphonsa Koottala.

https://www.facebook.com/139872812853772/photos/?tab=album&album_id=92632067542072
The first year BSc Nursing students organized two days nutritional practical session as a part of their curriculum on 6 April 2018 and 7 April 2018. The students were divided into three groups namely, Red Chillies, Salt N Pepper, and Food Paradise. The activities were carried out under the guidance and supervision of Dr Mumtaz Khalid Ismail, Guest Lecturer, Nutrition. The practical started at 8.00 am with preparation of diet followed by the detailed presentation of their work with the help of colorful and creative audio visual aids. The diet prepared and presented by each group were fruit beverages, diet plan for adolescent girl and diet in cardiovascular diseases by Group Red Chillies, household methods of food preservation, diet plan for old age and diet in renal diseases by Group Salt N Pepper; and food preservation, diet plan for school going child and diet in diabetes mellitus by Group Food Paradise. The programme was attended by Rev Fr Jery Njaliath, Assistant Director, Lisie Medical and Educational Institutions, Dr Usha Marath, Principal, Lisie College of Nursing, all teaching and non teaching staff of College of Nursing. The prepared items were served to audience after the presentation. It was great learning experience for students.

Pain and Palliative care service awareness program – Kaloor Renewal Center

Pain and Palliative Care Department in association with Medical Social Work Department conducted an awareness program for the parishioners of Kaloor unit parish on 8 April 2018 at 9.30 am at Renewal Centre. A team comprising of Dr Rosakutty Mathew, Dr Saramma Esau and Mr Stojo Jose, Medical Social Worker attended the program. Director Rev Fr Thomas Pereppadan welcomed the gathering. Thereafter, Dr Rosakutty Mathew explained about the pain and palliative care service, various activities undertaken and the functioning of the department at Lisie hospital, which was followed by a video presentation of the pain and palliative services. The question raised by the participants was answered by Dr Rosakutty Mathew. The program was effective in creating awareness among the participants.

Winner of Echolis Quiz Competition (March 2018 Issue)

Ms Sherin Thomas from Lisie Quality Assurance Department was the winner of Echolis Quiz competition (March 2018 Issue) and received the gift voucher of Lisie Diner from Rev Fr Ajo moothedan, Asst Director, Lisie Hospital.
11 May 2018: A flash mob on CPR was performed by staff nurses of Lisie Hospital in front of reception area. Around 28 staff nurses participated in the flash mob. At 11.00 am the same flash mob was performed at Ernakulam Town railway station, followed by an official meeting in the presence of Rev Fr Ajo George Moothedan, Asst Director, Lisie Hospital, Mr Biju, Station Master, Mr Arun, Health Inspector, Mr Harikumar, (RPF) officer, Rev Sr Leeda Mariya FCC, and Rev Sr Anselm CMC, Nurse Managers, Nursing Supervisors, nursing staff and passengers. After the official function, the staff nurses of Lisie Hospital conducted a public awareness on CPR and its management through a flash mob, followed by a class for the passengers by Mrs Chinchu (staff nurse, CCU). On the same day elocution and group dance competition were conducted in Lisie Hospital. Topic for elocution was ‘NURSES A VOICE TO LEAD, HEALTH IS A HUMAN RIGHT’. Seven nurses participated in the competition. The judges for the competition were Mr Sajeev Jacob, PRO and Dr Jacob, Faculty of English. Group dance competition was conducted in afternoon. Nine teams participated for the group dance competition. The judges for the competition were Dr Rohita, Infection Control Officer, Mrs Ashita, Tutor, School of Nursing and Mrs Neenu K, Lecturer, College of Nursing. The winners of the competition were: ELOCUTION COMPETITION IST PRIZE Ms Sangeetha Sunny (Group 14), IND PRIZE Ms Rince Rajan (Group 6) and IIIRD PRIZE Ms Nicy Augustine (Group 6). For GROUP DANCE IST PRIZE CCU, IND PRIZE: RECOVERY, and the IIIRD PRIZE: Cath Lab.

12 May 2018: The nurse’s day celebration started with Holy Mass at 6.00 am followed by procession. All members of the nursing department participated in the rally. Fr Thomas Vaikathuparambil wished all the nurses a “Happy nurse’s day”. Sr Elsy MSJ lighted the lamp and passed to Nurse Managers, Nursing Supervisors and staff nurses. The meeting came to an end with a flash mob on hand hygiene by staff nurses of the Emergency Department. The valedictory function started at 2.30 pm in the training hall in the presence of Mrs Malika AK, Chief Nursing Officer, Ernakulam Medical College, Rev Fr Thomas Vaikathuparambil, Rev Fr Ajo George Moothedan, and Rev Sr Elsy MSJ, Rev Sr Fincy CMC, Dr Babu Francis, Nurse Managers, Nursing Supervisors, Ward In Charges, and Staff Nurses. The function started with prayer song. Welcome speech was delivered by Mrs Remya R, Nursing Supervisor, Lisie Hospital. Fr Thomas Vaikathuparambil presided over the function, Mrs Malika A K inaugurated and delivered the inaugural address and Nurses Day message. Sr Elsy MSJ, Dr Babu Francis and Sr Fincy CMC felicitated the gathering which was then followed with vote of thanks by Sr Anselm CSC Nurse Manager Lisie Hospital. This was followed by prize distribution for best ward, (St Alphonsa East), ICU (Pediatric Cardiology) OT (ENT) and cultural competitions. The weeklong celebration ended with cultural extravaganza by the staff nurses and culminated with Lisie anthem.
Two new modalities of EUS (Endoscopic Ultrasound) applications were done for the first time in LISIE and with excellent clinical outcomes. Both procedures were life saving and obviated the need of major surgeries.

EUS guided coiling of gastric varix
It was done in a 70 year old man with advanced stage of cirrhosis of liver. He presented in coma (grade IV Hepatic encephalopathy) precipitated by massive internal bleed. Endoscopy showed a large gastric varix. Routine technique of glue injection was deemed dangerous because of the risk of embolisation and death. EUS showed hugely dilated tortuous gastric varix. Under EUS guidance, the varix was directly punctured with the needle and multiple adequately sized coils of metal alloy were introduced to the varix. Near complete obliteration was achieved. Patient recovered fast, came back to normal sensorium and was discharged in a few days time.

EUS guided cystogastrotomy
It was done in a 33 year old emaciated man who was referred from medical college, Kottayam with severe alcohol related acute pancreatitis with multiple collections and sepsis. He was stabilized with an array of treatments including pancreatic stenting which stopped a gross pancreatic leak. There remained an 11 cm sized pseudo cyst with infected debris, causing fever, pain and sepsis. Under EUS guidance, the cyst was punctured from stomach and multiple stents were placed into the cyst. There was very good drainage and patient had dramatic improvement. At present he is taking food orally, and he is clinically stable.
The world environmental day was celebrated on 5 June 2018 at Lisie Hospital reception area by MSW Department in association with Pharmacy College. The program began with a formal gathering at the hospital reception by 10.00 am. The dignitaries who were invited for the function were welcomed by Ms Afifa, student of the pharmacy college. The presidential address of the day was proposed by Rev Fr Thomas Vaikathuparambil, Director, Lisie Hospital.

The presence of the chief guest Mr Ubaid made the day significant as he shared his practical expertise in conserving environment by beating plastic pollution from his work experience as an agricultural field officer. The field officer Mr Ubaid was gifted a sapling from the director, Fr Thomas Vaikathuparambil. To raise awareness among the people to conserve nature and protect earth visitors and employees of the hospital were distributed saplings and seeds freely in the reception area. The Lisie environmentalist, Fr Jose Thachil who responsibly conserves and maintains the lush greenery of lisie garden was honored adorning a golden shawl by Fr Ajo Moothedan, Asst Director of Lisie hospital.

Lisie Hospital was awarded Karunya Puraskaram established by A C Shanmughadas Padanakendram. The award was received by Fr Jery Njaliath, Asst Director and Dr Thomas Mathew, Paediatric Cardiothoracic surgeon of Lisie Hospital from A K Sashindran, Minister of Transport in a function held at Kozhikode Town hall on 27 June 2018. Lisie was presented with this award for the charity and community benefit services the hospital has been providing to the children in Kerala with Cardiac health issues. The Lisie Children’s Heart Centre with the help of many generous hearts is involved in many such projects in order to provide free cardiac treatments to the children from poor families.
Lisie hospital has a code red team consisting 20 people from different sections. Their specific role in an emergency is identified and practiced. The overall in charge of entire mock drill process is Rev Fr Anto Chalissery, Asst Director, Lisie Hospital who holds the portfolio of fire and safety in Lisie hospital.

The fire mock drill was conducted at CT OT on 16 June 2018 at 2.30 pm. Before mock drill a table top exercise has been conducted on CT OT corridor, St Chavara floor, St Antony’s Block. 26 staff members from CT OT participated in the table top exercise. Facility Manager safety, Mr Aldus Robert Lopez and Nursing supervisor, Mrs Limna briefly explained about the proceedings in the mock drill and their specific roles in the exercise was clarified.

The mock drill was conducted at 2.30 pm. The fire was near the corridor of CT OT. ‘Code Red’ has been initiated by the staff who identified fire and the other staffs in the OT used the fire extinguisher. The code red team responded to the emergency call. Security personnel, other technicians, sister in charge, Asst Director and other relevant personals rushed to the spot. Fr Anto Chalissery took command of the situation. The fire safety team evacuated the people through fire exit to the assembly point 3 in front of the auditorium. The senior nurse Soumya took the head count. The victims who need medical attention were taken to the Emergency Department for immediate treatment. At the end of the mock drill Mr Lopez, Facility Manager Safety gave ‘All Clear’ message through PA system. Finally Fr Anto Chalissery evaluated the entire process of the mock drill.

Considering the Nipah virus outbreak in Kerala, a class on Nipah infection was organized for all doctors in General Medicine, Pulmonology, Emergency Medicine, Critical Care and Neuromedicine on 24 May 2018 from 8.00 am to 9.00 am. The class was taken by Dr Rohitha S Chandra, Infection Control Officer. The class offered a bird’s eye view on Nipah including its clinical features, diagnosis and management. The strategy to prevent cross infection in the hospital was emphasized. The class ended with a positive discussion on “Are we prepared and equipped to treat a Nipah patient?” The recommendations from the clinicians were considered very seriously and all possible measures to equip them with appropriate PPE were ascertained.

Fourth year BSc nursing students had organized a Nutritional Awareness Programme and screening of Non-communicable diseases at Puthuvype on 14 May 2018. It was co-ordinated by community health nursing department of Lisie college of Nursing in association with PHC Puthuvype. The programme was inaugurated by Mrs Bindu, member of local civil administration and presided by Mrs Sheenamol, Health Inspector, Puthuvype PHC. The programme included Nutritional awareness session with presentation of nutritional food items, exhibition on Non-communicable diseases and screening for Non-communicable diseases which included, checking of BMI, blood pressure and blood sugar. Seventy people attended the programme. Mrs Reena V I and Sr Renjitha CSN (Faculty, Lisie College of Nursing) guided the students and were present for the programme.
ലെപ്തോസൈറ്റിസിന്റെ മൂലമുള്ള വൃദ്ധി, ലെപ്തോസൈറ്റിസിന്റെ ബ്ലോക്കീഡ് അഥവാ പ്രാവിണിയ ഭീമമായി താഴെ നിന്ന് പ്രകടമാകുകയും ഇതിന്റെ പ്രധാന പേര് ലെപ്തോസൈറ്റിസിസ് ആണ്. ലെപ്തോസൈറ്റിസിസ് മൂലമുള്ള വൃദ്ധി സാധാരണയായി മുള്ളൂർ പുഴയിലും, പുഴയുടെ പാർക്ക് പകുതിയിലും പ്രായോഗിക പ്രവൃത്തികളിലും കാണപ്പെടുന്നു. ലെപ്തോസൈറ്റിസിസ് മൂലമുള്ള വൃദ്ധി പ്രധാനമായും കല്ലൻ തുറമുഖ എന്ന സ്പീഷിസിലാണ് നാലുമാസം വുഡ് പോലുള്ള പ്രദേശങ്ങളിലെ പ്രധാന മൂലം. ലെപ്തോസൈറ്റിസിസ് മൂലമുള്ള വൃദ്ധി പ്രധാനമായും കുടിയോട്ടകളിലും പ്രായോഗിക പ്രവൃത്തികളിലും കാണപ്പെടുന്നു. ലെപ്തോസൈറ്റിസിസ് മൂലമുള്ള വൃദ്ധി പ്രധാനമായും കല്ലൻ തുറമുഖ എന്ന സ്പീഷിസിലാണ് നാലുമാസം വുഡ് പോലുള്ള പ്രദേശങ്ങളിലെ പ്രധാന മൂലം.
GUIDELINES FOR SENDING REPORT/NEWS/WRITE-UP FOR ECHOLIS (NEWSLETTER OF LISIE)

- Maximum of 300 words and a photograph for events or news of one to two days.
- Maximum of 500 words and two to three photographs for events of 3 to 5 days or more.
- One page for NABH- Quality control
- One page for highlight of a department in a particular issue with one photograph of all personnel of the department.
- Small write-up for individual events or accomplishment (honors, awards, prizes, ranks etc) with a passport photograph of the individual.
- Prominent, common functions write up – half page with a prominent photograph.
- All write-ups, reports, should be emailed within 3 to 4 days after the event along with the photograph in the above mentioned format.
- All the heads of department to ensure that the respective details have been timely emailed. For the forthcoming issue the last date to get the write-ups and photographs is 30-09-2018. lisienvlesletter2013@gmail.com

Fr Jery Njaliath
# Advance Booking Numbers

### Health Checkup:
- O4B4

### Doctors' Appointment:
- For Inpatient: 2755305 (8.00 am - 6.30 pm)
- For Outpatient: 2755386 (9.00 am - 4.00 pm)
- For Emergency: 2755305 (24X7)

### Advance Booking Numbers

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### For Information:
- Cardiology: 0484 2401821, 0484 2755305 (8.00 am to 4.00 pm)
- Cardiothoracic: 9446017302
- General Information: 0484 2402044 (24X7)
- Emergency Dept & Ambulance: 0484 2755301, 9895756164 (24X7)
- Cashless Insurance: 0484 2755316, 0484 2755306 (8.30 am to 5.30 pm)
- Gynaecology Emergency: 0484 2755152 (24X7)

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