

MARCH 2018

VOL-6

ISSUE - 1

ECHOLIS 2018

A QUARTERLY BULLETIN OF LISIE MEDICAL AND EDUCATIONAL INSTITUTIONS



CARE with LOVE



lisienewsletter2013@gmail.com

Managing Editor

Fr. Thomas Vaikathuparambil

Editor-in-chief

Prof. Dr. Usha Marath

Consultant Editors

Fr. Ajo George Moothedan

Fr. Jerry Njaliath

Associate Editors

Dr. Babu Francis

Mr. Sajeev Jacob

Editorial Members

Mrs. Sumathi P.V.

Mrs. Manju George

Sr. Ely MSJ

Dr. K.M. Jacob

Ms. Arya John

Ms. Sherin Thomas

Ms. Minmini V.

Ms. Priya Unnikrishnan

Mr. Venugopal S.

Circulation Manager

Mr. Anti Jose



Lisie Hospital

Ernakulam, P.B. No. 3053,

Cochin - 682018

Ph: 0484 2402044

contact@lisiehospital.org

www.lisiehospital.org

FROM THE DIRECTOR'S DESK

Greetings.

"True Compassion Means Not Only Feeling Another's Pain But Also Being Moved To Help Relieve It"...
Daniel Goleman

Recently there was an incident reported in the paper, about a passenger travelling in a bus from Aluva to Fort Kochi, who fell unconscious soon after he boarded the bus. Despite the request of a fellow passenger to rush the person to the nearest hospital, the bus crew did not heed this request and continued the trip. As the protest by fellow passengers intensified, the crew asked the co-passenger to take the affected to the hospital and dropped them at a bus stop, which was nearly 45 minutes after the incident, and later this person died. The police officer booked the bus crew and a case under IPC section 304(A) {causing death by negligence} was registered against him.

Timely help would have saved the patient.

This incident reminds me of **THE GOOD SAMARITAN** parable from **THE BIBLE**.

We are all caught up in a rat race.

In the rush to complete our work, and to get home or reach our destination in time, we usually tend to overlook certain things, which at times may prove too costly for our fellow human beings. They may have to pay with their lives, as in the aforementioned incident.

The Good Samaritan also was travelling to his destination, but set aside his priorities, to tend to the person attacked by thieves.

As people working in health care sector we must have more care and compassion. Also, we must show discretion in attending to our patients' needs. The sick and moribund people deserve our immediate and maximum attention. All things may not be taught in textbooks. Compassion must spring up spontaneously from the depths of our hearts.

"We Must Go Beyond Textbooks, Go Out Into The Bypaths And Untrodden Depths....." John Hope Franklin

MAY THE ALMIGHTY GOD BLESS YOU.

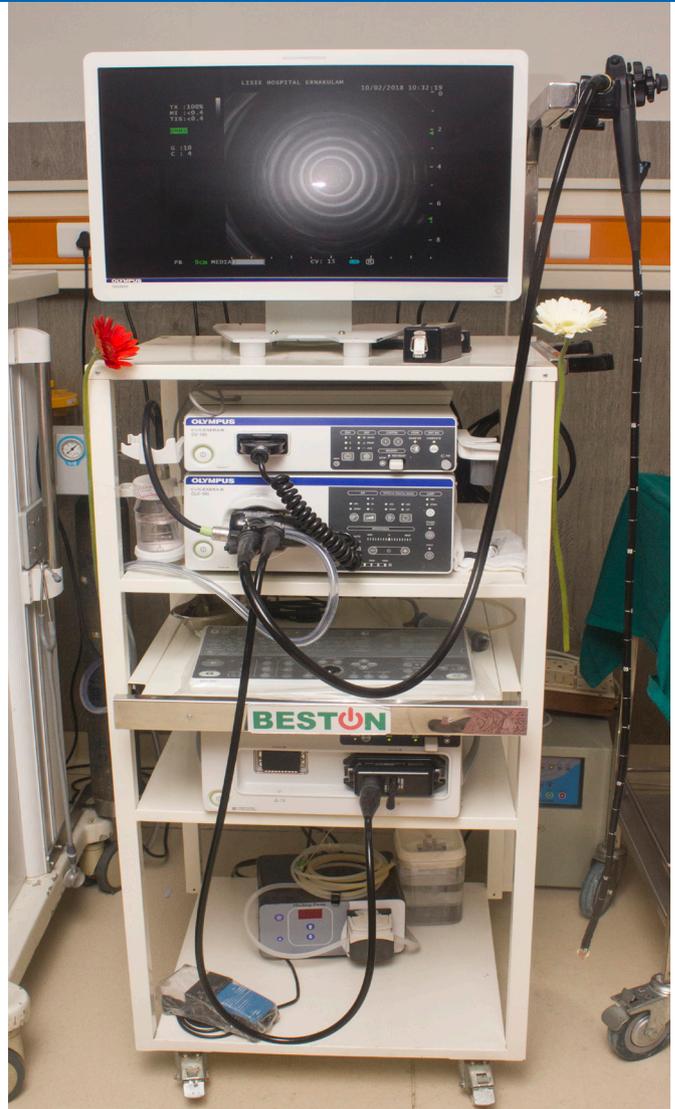
Fr. Thomas Vaikathuparambil
Director.

LISIE GASTROENTEROLOGY

The Lisie has its foundation on unshakeable social commitment and is striving to take its great work forward by transforming specialties into super specialties and thus making the new advancements in medical field reachable to the common man. The centre of gastroenterology which started functioning a few years ago was thus a firm step ahead in this direction. In order to cater to the growing demand, we are into an expansion phase with addition of more space, equipment, personnel and expertise and the division of gastrointestinal surgery was introduced in mid February 2016 imperative for the completion of this department. With



service oriented management policies, the **Lisie Centre of Gastrointestinal and Liver Diseases** endeavors to fill the great void between the big corporate centers and the government hospitals. The main focus is on individualized care of patients and clinical medicine is the primary tool with logical use of investigative modalities. The added advantage is the fact that all specialties are available at Lisie including a well equipped radiology department which teams up to provide the multidisciplinary care as per patient's needs.



The department has been gradually progressing and at present was able to serve nearly 100 outpatients and perform about 40 endoscopic and sonologic procedures daily. The department can manage all gastrointestinal diseases, be it functional bowel disorder like IBS, chronic inflammatory diseases like IBD, malabsorption or various malignancies of GIT. Evaluation and treatment of all sorts of liver diseases including various types of jaundice, cirrhosis of liver, liver failure and cancer of liver is carried out. Gall bladder and biliary diseases including stones and infections and endoscopic removal of bile duct stones and advanced management of obstructive jaundice due to various kinds of biliary and pancreatic malignancies is a part of care.



Life saving endoscopic management of GI bleeding; variceal bleed in cirrhosis, ulcer bleed, bleeding of rare etiologies, colonic bleed of various sources and pancreatic disease conditions; acute and chronic has been managed well. Endoscopic placement of all types of luminal, biliary and pancreatic stents have been carried out. The integrated treatment strategy of combining medical, endoscopic, radiological and surgical modalities according to the individual needs of each patient is the prime focus. Recently acquired technology is the **EUS** or endoscopic ultrasound, which is a wonderful and relatively new technology and has tremendous diagnostic and therapeutic capabilities. It has a high resolution ultrasound probe attached to the endoscope so to scan and study structures and lesions from very near the organ or pathology of interest. As it is directly going into the body and it helps to study with better accuracy than CT or MRI in many conditions, that too without any radiation. It also has an added advantage that if needed, operative intervention can also be performed without any external wound or pain. **ESD (ENDOSCOPIC SUBMUCOSAL DISSECTION)** is yet another new advanced technique used for endoscopic removal of large benign intestinal tumors and early cancers which was otherwise possible only through major surgeries. This gives enormous advantage as it avoids agony, complication, pain and cost of a surgery in selected cases. **POEM (PERORAL ENDOSCOPIC MYOTOMY)** is another new interesting and difficult procedure which is done in cases of achalasia

achalasia as an alternative to surgery with obvious and great advantages. The GE junction is reached through a submucosal tunnel and myotomy is performed. We hope to start these soon.

SOME INTERESTING RECENT CASES: - One case of pancreatic SEMS (very rare procedure) in a patient with recurrent severe pancreatitis for the last 14 years. He had an excellent progress and is doing very well now. Another case of chicken bone in esophagus (delayed) with esophago-pleural fistula with emphysema was managed with covered SEMS. The patient recovered and is fine. **NEAR FUTURE:** - The department hopes to get more personnel, space and equipment in the near future so as to have a state of the art and complete gastro suite available to all. Hope to develop a comprehensive facility including a liver transplant unit.

Booking at Lisie Hospital goes Online

With the introduction of following facilities, taking appointments for consulting with the doctors has become much easier. Clicking on the MAKE AN APPOINTMENT tab in the new website of Lisie Hospital (lisiehospital.org), you can book the time and appointment for the consultation with the doctor. The same provision is provided in the new mobile app of Lisie Hospital as well. The QR code of the app is here.



The call centre for the advanced booking is now equipped with sophisticated IT technology and handles more inbound and outbound calls. The number for booking is 0484 2401141.



Dialysis Department of Lisie Hospital celebrated World Kidney day on 8 March 2018. Dialysis Technician students Performed a flash –mob at GCDA complex Marine Drive. Performance was based on the kidney diseases and its prevention to create public awareness. Around 150 people gathered for the programme. A leaflet which explained about kidney ailments and its prevention was distributed to the public. Rev. Sr.Pear CSC delivered a word of thanks to the Public for making the programme a big success. On 9 March 2018 same flash mob was performed at Lisie Hospital in front of Lisie Dinner at 1 pm. About 200 people including staffs were present. Leaflet distribution also took place at same time. On 11 March 2018 at 10:30 am the Dialysis Technician students performed flash mob following the Holy mass at St.Martin Deporess Church Palarivattom. It was

followed by a formal meeting at parish Hall. Meeting started with a prayer song by Dialysis Technician students. Rev. Fr.George Nellisery welcomed the gathering. Felicitation was by Rev.Fr.Thomas Vaikathuparambil, Director Lisie Medical Institution And Educational Insitutions, Rev.Fr.George Nellisery, Parish Vicar, Dr.Babu Francis HOD Nephrology, M.S., Rev.Sr.Pear CSC In charge Dialysis Department, and Mr .Mathew Chairman Parish Council. Rev.Fr.Thomas Vaikathuparambil inaugurated the free medical camp organized by Dialysis Department and Nephrology unit. Dr.Babu Francis gave a health talk to the public and many of them got a chance to clear their doubts regarding kidney diseases which was then followed by a discussion session with audience which helped to generate an over view of kidney diseases and its possible prevention by natural remedies and medications. Vote of thanks was proposed by Rev.Sr.Pear. Free Medical camp was organized and successfully coordinated by Dialysis Unit with support of MSW Department. Dr. Babu Francis HOD nephrology and Dr Amala JNR Resident were available for consultation. Around 50 people got free consultation and their blood check up performed. Camp was concluded at 1pm. Mr.Arun from MSW and Mr. Venu from Communication departments provided a strong support from the starting of World Kidney Day2018 celebrations.

https://www.facebook.com/pg/TheLisieHospitals/photos/?tab=album&album_id=907638676077178

World Cancer Day - Malippuram Lisie College of Nursing



The second year B.Sc Nursing students of Lisie College of Nursing in collaboration with the health department of Community Health Centre, Malippuram, organized a World Cancer Day Awareness programme on 5th

February 2018 based on the theme " We can, I can" at OPD, CHC Malippuram. The welcome speech was delivered by Mr.Jose, health supervisor. The programme was inaugurated by Dr. Sahana, Ophthalmologist, CHC. This was followed by a skit performed by II year B.Sc students depicting the various types of cancer, its causes, prevention and treatment. The members of the health department of CHC appreciated the efforts taken by students in organizing the function with an attractive display of charts. The programme came to an end with an exhibition displaying charts and models giving message to the general public, on the importance of early detection and treatment of Cancer.



'Vidyarambam 2018' was organized for the students of Lisie Medical and Educational Institutions on 3rd January 2018. The Holy Mass was led by Rev. Fr. Anto Chalissry and Rev. Fr. Jery Njaliath. This was followed by distribution of Msgr. Antony Parackal Golden Jubilee Memorial awards to the academic toppers. Fousia, Sonia, Iswarya, Jinu John (College of Nursing), Jisna, Anitha, Aleena (School of Nursing), Sreelakshmi, Abhiramt (DMLT), Rosemol(pharmacy), Raichel Varghese(Dialysis Technology) and Jinu Tomy (anaesthesia) received the awards.

https://www.facebook.com/pg/TheLisieHospitals/photos/?tab=album&album_



World Tuberculosis Day- Poster Competition

Medical Social Work Department organized a poster competition for the students of Lisie Medical and Educational Institutions as part of World Tuberculosis Day celebrations. Theme for the poster competition was "prevention is the best cure". Selection criteria for the competition was based on the marks given by judges and the facebook likes scored. There were 19 participants altogether who submitted their poster and finally Theresa Martin (4th year BSC Nursing student), Athira and Athulya (2nd year D-Pharm student) and Metilda Dami (1st year D-Pharm student) were respectively selected as first-(Rs500), second- (Rs 300) and third- (Rs 200) prize winners.



https://www.facebook.com/pg/TheLisieHospitals/photos/?tab=album&album_id=913500908824288



Annual Retreat

An Annual retreat was organized for the students of Lisie Nursing College and School of Nursing in the Examination Hall of Lisie College of Nursing from 25th January to 27th January 2018. The retreat was conducted by Emmanuel Christeen Team, Malayattoor.



SNA unit of Lisie College of Nursing organized a farewell function, LAETANS 2018 which meant blissful and fortunate, for the outgoing 12th batch BSc Nursing, 5th batch Post Basic BSc Nursing, and 3rd Batch MSc Nursing students on 18.01.2018. The programme began with a welcome dance and a speech by students of 4th year Bsc Nursing. Dr Usha Marath, Principal, Lisie College of Nursing addressed the gathering. Rev Fr .Jery Njaliath and Rev Fr. Ajo Mootheden, Assistant Directors of Lisie Medical and Educational Institutions, graced the occasion with their presence. Various entertainment programme, which included fusion dance, group song and comedy skit by students from all the batches were performed. Games were also organized for the outgoing students and the prizes were distributed by Dr Usha Marath. The reply to the toast was delivered by Ms..Merly Joseph, a representative of the outgoing students. She shared her experiences in the institution and expressed gratitude to the management, teaching, and non-teaching staffs for helping them throughout their course. The programme winded up with a vote of thanks.



WORLD TUBERCULOSIS DAY, MARCH 24TH

The world tuberculosis day was celebrated in the Lisie hospital by the medical social work department and first year B.sc nursing students .The program was displayed to the audience by exhibiting of posters of the competition which were prepared by the each departmental representative of the Lisie medical and educational institutions. The entire poster competition attracted the attention of people who visited the hospital thereby spreading the message for tackling tuberculosis and justifying the theme “world leaders for a TB free world”. The day was celebrated by a dazzling street play by the first year B.sc nursing students at



north railway station which emphasized timely check up and prevention methods to wipe out TB from the society. This was followed by a formal meeting at the railway station, which was presided over by the chief of RPF Mr.Girish Kumar, and felicitated by Mr.Arun, health inspector of the railway station. After the formal function the students returned to the hospital and performed the spectacular skit in front of the Lisie Diner in the esteemed presence of dignitaries Dr Paramez Ayyapath, HOD, Department of Pulmonology, Dr Thomas Kurian, Consultant, Department of Pulmonology, Dr. Usha Marath Principal Lisie College of Nursing and Mrs.Mary Poulouse Associate Professor LCON and class coordinator of the nursing students. The medical social work department could successfully impart a message of promoting health by putting an end to TB by involving each and everyone in the hospital.

Womens Day - 2018



Womens Day - 2018





The College of Nursing, CMC Vellore hosted a national wide programme titled 'CONFEST -2018' from 15/2/18 – 17/2/18. It was a three day event exclusively for the nursing students across the country. The programme focused on a one day conference on the theme 'Value Enrich Education – Ethics Strengthens It', and the other two days were packed with various activities to exhibit the hidden talents of students. Twenty eight students from Lisie College of Nursing got an opportunity to participate in the event. Various sessions on value, ethics in present era, and professional areas were discussed in detail by eminent nursing personalities. The topics emphasized on examining ethics in caring rather than curing, and during the day to day

day interaction between a nurse and person in care. They also focused on discovering basic values to reach an agreement on clinical ethical values that are essential with regard to constant change in the nursing role. The delegates were enlightened on the needed nursing values and the effect of these values in behaving as a humanistic nurse. The days of the CONFEST provided a wide platform for the students to put forth their arts and sports skills. The students actively participated in most of the individual and group events. It was a great achievement when the students won prizes for almost all the events and secured the second place for the quiz competition. From a total of 34 colleges that participated, Lisie College of Nursing became the 2nd overall runner up. CONFEST 2018, was first of its kind in the country which tried to sensitize the nursing community specially the students to uphold human values and ethics in education and to simultaneously build a rapport with the consumers of health care and other students hailing from various nursing colleges nationwide.

Aadhya 2017



Aadhya 2017 was a gathering of preterm NICU graduates of 2017 arranged on 19 February 2018. The occasion was inaugurated with blessings of Rev. Fr. Thomas Vaikkathuparambil, Director Lisie Hospital. Cake cutting was done by the tiniest baby of the year, who was just 28 weeks and 740 grams at birth, graduated from NICU. Growth and development assessment of the babies and a mini CME session were arranged along with it.

LAMP LIGHTING CEREMONY-LISIE SCHOOL OF NURSING

ECHOLIS
2018



The programme started with invoking the blessings of the lord by the students of school of Nursing followed by the welcome address by Rev.Fr.Jery Njaliath, Asst. Director, Lisie Medical and Educational Institutions. The Presidential address was delivered by Rev.Fr.Thomas Vaikathuparambil, Director, Lisie Hospital, followed by the inaugural

The lamp lighting ceremony of the 56th batch students of the General Nursing and Midwifery was conducted on 30th January 2018 at 2.30 pm in Lisie College Of Nursing auditorium . The function was dignified by Rev. Fr. Thomas Vaikathuparambil, Director, Lisie Hospital, Rev.Fr. Jery Njaliath, Asst. Director, Lisie Medical and Educational Institutions, Rev.Sr. Vida MSJ, Former Nursing Superintendent, Lisie Hospital, Dr. Babu Francis, Medical Superintendent, Lisie Hospital, Rev. Sr. Elsy MSJ, Nursing Administrator, Lisie Hospital and Rev.Sr.Fincy CMC, Principal, Lisie School Of Nursing.

address by Rev.Sr.Vida MSJ, Former Nursing Superintendent, Lisie Hospital. Sr. Elsy MSJ and Rev. Sr.Fincy CMC passed a lighted lamp to each student, which along with the solemn pledge led by Rev. Sr.Fincy CMC, Principal Lisie School Of Nursing , marked a new beginning in the life of the students. Dr. Babu Francis, Medical Superintendent felicitated the students. Certificates and cash awards were distributed to the students for their outstanding academic and clinical performance.

https://www.facebook.com/pg/TheLisieHospitals/photos/?tab=album&album_id=891718174335895

LIS-SCINTILLATIONS - Lisie Doctors Family Night

On 6th January 2018 all the doctors and their families gathered at IMA HALL Ernakulam for a get together hosted by Lisie Management. The event started with a lantern parade with Gregorian chant playing in the background. There was skit laced with humour. Melody queens and kings rocked the stage which made the audience croon forgetting age. There was dance with foot tapping numbers. There was a quiz based on wedding day photographs of a few doctors. The event was very humorous and kept the audience in splits. In between, winners of lucky dip were given presents. Lastly, the ramp was set on fire with a fashion parade by postgraduates. The dainty damsels and swashbuckling heroes made people go gaga. The theme was Fabric tour of India .The second round gave important information regarding various fabrics of Indian origin. Dr Maggie Xavier, the master of the ceremony, thanked the management and all doctors and participants. A multi-cuisine buffet dinner spread satiated the taste buds of the guests. The event ended on a very pleasant note.



A sign of celebration -Lunch for members of Lisie Hospital & Educational Institutions



Lisie Hospital was bestowed with the NABH accreditation which called for a celebration. As a gesture of goodwill, Lisie Management had organized a lunch for all the employees and students of Lisie Hospital and its educational institutions on 06-01-2018.

https://www.facebook.com/pg/TheLisieHospitals/photos/?tab=album&album_id=875007772673602

https://www.facebook.com/pg/TheLisieHospitals/photos/?tab=album&album_id=873731242801255

The fourth year B.Sc nursing students of Lisie College of Nursing organized an awareness programme on World Tuberculosis Day, 24th March 2018 at Goshree junction, Puthuvype, The programme started with a flash mob followed by a street play to spread awareness on prevention. The theme of World Tuberculosis Day 2018 was 'wanted leaders for a TB free world- end



TB'. The programme was enriched with presence of the ward member, Mr.Kailas. He spoke on the topic which further awakened the interest of the community. Vivid charts and posters were displayed to disseminate the information on tuberculosis. The programme was a great success with active participation of the community members.



https://www.facebook.com/pg/TheLisieHospitals/photos/?tab=album&album_id=915211741986538



The medical social work department celebrated the social work day by commemorating the theme "Promoting community and environmental sustainability" by well defining the concept and selecting a very unclean area in the hospital near the dialysis unit for the subsequent cleaning and maintenance of the same.

The medical social work department along with the trainees reached the spot by 2:00 pm on 20th March 2018 and started the manual cleaning activities using shovels, and trolley. Within a short time, the team cleared the area as per the directions of Sr.Alphonsa Kootala, head of department of social work. The team was supervised by Rev. Fr. Ajo Moothedan, Assistant

WORLD SOCIAL WORK DAY

Director Lisie Medical and Educational Institutions. The medical social work department was congratulated for the same by the management.

The medical social work department with the help of trainees made a still model on the theme which can be implemented in the future for promoting environmental sustainability in the community. The theme promoted use of natural resources for long term energy generation and better sustainability of resources. The medical social workers could give a positive vibe in the Lisie family that the social workers globally are the people responsible for positive changes in the humanity by promoting their community in a general aspect.



https://www.facebook.com/139872812853772/photos/?tab=album&album_id=912075925633453

BLS TRAINING FOR NURSES

AHA-BLS and ACLS, an ongoing training programme was conducted at Lisie Hospital during the period 13-01-2018 to 08-04-2018 in eleven batches. BLS training in 8 batches and ACLS in 3 batches. The training programme was conducted by IEMS and coordinated by Rev.Fr. Anto Chalissery, Assistant Director, Lisie Medical Institutions and assisted by staff members from Lisie College of Pharmacy. 248 nursing staffs were trained in BLS in 8 batches on 20/01/2018, 21/01/2018, 28/01/2018, 04/02/2018, 11/02/2018, 04/03/2018, 18/03/2018, 08/04/2018

and 80 nursing staffs were trained in ACLS in 3 batches on 13/01/2018/, 17/02/2018 & 10/03/2018.

The schedule for the next ACLS Programme is 16/04/2018, 17/04/2018, 21/04/2018, 22/04/2018 and BLS Programme is 29/04/2018.





https://www.facebook.com/pg/TheLisieHospitals/photos/?tab=album&album_id=881733425334370

LIZQUIZ 2018 is a golden feather added on the cap of Lisie Medical and Educational Institutions. Lisie Medical and Educational Institutions organized a State Level Intercollegiate Quiz Competition – LIZQUIZ 2018 on 20th January 2018. Fortytwo teams from various medical, nursing, pharmacy and paramedical institutions across Kerala participated in the competition. Dr. Jabir Abdulakutty, Senior Cardiologist Lisie Hospital and Dr. Sajan Ahmed Z, Assistant Professor, Pushpagiri Medical College were the Quiz Masters . LIZQUIZ 2018 started with an introductory note by Rev. Fr. Joseph Makothakat, Asst. Director, Lisie Hospital. Competition was of two rounds- preliminary and final. Six teams who secured highest score in the preliminary rounds qualified for participation in the final round. The question covered topics on general awareness, medical and health care, cultural heritage, arts, history, politics, civics, sports and about Lisie Hospital. Winners of the final round were decided on the basis of the performance of the team who secured the highest score. There was a healthy and stiff competition between teams. The audience found the competition to be informative and interesting. Government Nursing College Kalamassery won the 1st prize and was declared the Champions of LIZQUIZ – 2018. Grace College of Pharmacy, Palakkad and Amritha School of Pharmacy, Ernakulam won 2nd and 3rd Prize respectively. Rev. Fr. Ajo George Moothedan, Asst. Director, Lisie Hospital presented memento to the Quiz masters. Valedictory function of LIZQUIZ – 2018 started at 3.00 PM, with a prayer song by students of Lisie College of pharmacy. Agate Merlin Wilson, of College of Nursing welcomed the gathering. Rev. Fr. Thomas Vaikathuparambil, Director, Lisie Hospital presided

over the meeting. Rev. Fr. Jery Paul Njaliath, Asst. Director, Lisie Hospital and Mr. Shelly Joseph Joint General Manager, South Indian Bank felicitated the function. Rev. Fr. Thomas Vaikathuparambil, Director Lisie Hospital and Mr. Shelly Joseph Joint General Manager, South Indian Bank distributed trophies and cheques of Rs. 17,500, Rs. 10,000, and Rs. 5,000 to the 1st, 2nd and 3rd prize winners respectively. Consolation prize of Rs 1000 was given to each of the winners of LIZQUIZ, College of Pharmaceutical Sciences, Medical College Trivandrum, Nirmala College of Pharmacy, Muvatupuzha and K.T.N College of Pharmacy, Chalavara, Palakkad. Rev. Fr. Jery Paul Njaliath awarded gift to winner of LIZQUIZ Name Hunt, to Sr. Shaiby a Post Basic BSC Nursing Student of Lisie College of Nursing. Dr. Jinu Isaac, Principal, Lisie College Pharmacy, Convener of LIZQUIZ 2018, proposed vote of thanks. The programme came to blissful ending with National Anthem by Lisie College of Pharmacy.



The infection control department has proudly initiated an objective infection control audits for all the wards and ICUs from January 2018. There are five parameters for audits such as hand hygiene, biomedical waste management, safe injection and infusion practices, prevention of health care associated infections and staff knowledge. All the five parameters are assessed using either a standardized audit tool (hand hygiene) or an objective checklist of the standard/policy based practices. The weightage of each parameter in the total score is as follows; Hand hygiene (25%), BMW (25%), safe injection and infusion practices (20%), HAI prevention (20%) and staff knowledge (10%). The winners in the month of January 2018 for the best wards were CSR and St Peter's West and the best ICU was the Medical ICU. The winners were awarded with a certificate of appreciation by Rev.Fr. Anto Chalissery, Assistant Director, Lisie Medical and Educational Institutions, Quality Control Department, during the ward-in-charges meeting held on 15th February 2018. The audit has created a healthy competition among all the departments.



A fire mock drill was conducted at St Peters Cardiology west on 22/02/2018 at 2.30 pm. The mock drill was conducted as per the hospital fire safety policy and procedures mentioned in the safety manual.

The fire was near the lift room stairs. On hearing the fire alarm the staff in the department announces the code red and started the fire extinguishing and patient evacuation procedure. In the mean time security Manager and security guards reached the spot. Manager Facility & safety also arrived at the spot and took control of the situation. People were evacuated through fire exit to the fire assembly point 3 by the fire safety team. From there the people who need medical attention were taken to the Emergency Department for immediate treatment.

Fr. Anto chalissery was the overall coordinator of the mock drill. Mr. A.R. Lopez, Manager Facility and Safety was the in charge of the mock drill. Mr. Jose Jacob, Manager Security and fire safety team had done their duty without any delay. Sr. Tessa, In Charge of St Peters Cardiology West and the staff nurses also performed well during the mock drill.

FIRE MOCK DRILL

CME FOR DOCTORS ON TREATMENT OF LIFE THREATENING MDR GNB INFECTIONS

The Infection Control Department achieved another milestone in 2018 by organizing a class on high end antibiotics for all our doctors on 10/2/18 Saturday, 8.00 am - 9.00 am in Training Hall, Lisie Hospital. The topic of the session was Treatment of life threatening MDR GNB infections: Are we doing it right? This was taken by Dr. Sreevalsan TV, HOD, Critical care medicine. 84 Doctors attended the session and all the participants greatly appreciated the content coverage and the usefulness of the session. The session was followed by a sumptuous breakfast.





ലിസി നഴ്സിങ് കോളേജിൽ ബി.എസ്സി നഴ്സിങ് 12-ബാച്ച്, പോസ്റ്റ് ബി.എസ്സിക്കു, ബി.എസ്സി നഴ്സിങ് 4-ബാച്ച്, എം.എസ്സി നഴ്സിങ് 5-ബാച്ച്, വിദ്യാർത്ഥികളുടെ ബിരുദദാന ചടങ്ങ് നാഷണൽ യൂണിവേഴ്സിറ്റി ഓഫ് അഡ്വാൻസ്ഡ് ലീഗൽ സ്റ്റഡി വൈസ് ചാൻസലർ പ്രൊഫ.ഡോ.റോസ് വർഗ്ഗീസ് ഉദ്ഘാടനം ചെയ്തു. അക്കാദമികമായ അറിവിന് ഉപരിയായി ആത്മാർത്ഥതയും, മൂല്യബോധവും, പ്രതിബദ്ധതയും ആഴത്തിൽ ആവശ്യപ്പെടുന്നതാണ് നഴ്സിങ് പ്രൊഫഷൻ എന്ന് ഡോ.റോസ് പറഞ്ഞു. ആശുപത്രി ഡയറക്ടർ ഫാ.തോമസ് വൈക്കത്തുപറമ്പിൽ അധ്യക്ഷത വഹിച്ചു. ലൂർദ്ദ് നഴ്സിങ് സിസ്റ്റർ.ലില്ലി ജോസഫും, ലിസി ആശുപത്രിയിലെ നഴ്സിങ് അഡ്മിനിസ്ട്രേറ്റർ സിസ്റ്റർ. എൽസിയും വിദ്യാർത്ഥികൾക്കു ദീപം തെളിച്ചു നൽകി. ലിസി നഴ്സിങ് കോളേജ് വൈസ് പ്രിൻസിപ്പൽ പ്രൊഫ. ഡോ.ലിസ പീറ്റർ പ്രതിജ്ഞ ചൊല്ലി കൊടുത്തു. ലിസി നഴ്സിങ് കോളേജ് പ്രിൻസിപ്പൽ പ്രൊഫ.ഡോ.ഉഷമാറാത്തും, ഡോ.റോസും ചേർന്ന് 'കോഡ് ഓഫ് എത്തിക്സ്' അവതരിപ്പിച്ചു. മെഡിക്കൽ സൂപ്രൻറ്റ് ഡോ.ബാബു ഫ്രാൻസിസ്, സിസ്റ്റർ എൽസി, ഡോ.ഉഷമാറാത് എന്നിവർ ആശംസകൾ നേർന്നു. അസി.ഡയറക്ടർ ഫാ.ജെറിത്തോളിയത്ത് സ്വാഗതവും, അസി.പ്രൊഫസർ.ജാൻമിൻ ജോസഫ് നന്ദിയും പറഞ്ഞു. പഠനത്തിൽ മികവു പുലർത്തിയ വിദ്യാർത്ഥികളെ ചടങ്ങിൽ അനുമോദിക്കുകയും കോളേജ് മാഗസിൻ പ്രകാശിപ്പിക്കുകയും ചെയ്തു.



WORLD WOMEN'S DAY

The medical social work department organized the World Women's day celebration at Lisie hospital by involving women working in various departments and at all levels in the hospital and educational institutions for justifying the theme 'press for progress'. The preparations started with an early venture in selecting each and every department for the program and by capturing a photo in their respective departments along with a special message from the concerned head of each department, which was then uploaded to the social networking medias including face book and whatsapp. This ensured a massive participation of 77% of the women staff of the Lisie family.

Later on 9 March 2018 a formal program was organized in the training hall by the Medical Social Work Department. Ms.Anju Pappachan medical social worker welcomed the gathering which was followed by the presidential address by Rev. Fr.Thomas Vaikathuparambil, Director, Lisie Hospital. The meeting was inaugurated by Smt.Soumini Jain mayor of the Cochin Corporation by lighting of the lamp and delivering the inaugural address. Dr.Rosakutty Mathew, HOD, Pain and Palliative Department, unfurled the theme for the day. It was followed by felicitations by Dr.Babu Francis, Medical Superintendent of the Lisie hospital, Rev. Sr.Elsey MSJ, Nursing Administrator and Dr.Rohitha.S.Chandra, HOD, Microbiology Department Lisie Hospital. Meeting came to an end with vote of thanks proposed by Sr. Alphonsa Kootala the HOD, Medical Social Work Department.



ലിസി ആശുപത്രിയിൽ 22 വർഷത്തിലേറെയായി കൺസൾട്ടന്റ് അനസ്തെറ്റിസ്റ്റായി സ്മൃതിർഹമായ സേവനം ചെയ്തുകൊണ്ടിരിക്കെ ആകസ്മികമായ മരണം മൂലം നമ്മിൽ നിന്നും വേർപിരിഞ്ഞ ഡോ.ബിനോ ജോർജിന് ലിസി കുടുംബത്തിന്റെ പ്രാർത്ഥനാജ്ജലികൾ.കർമ്മരംഗത്ത് അദ്ദേഹം പുലർത്തിയ പ്രതിബദ്ധതയും സമർപ്പണ മനോഭാവവും മനുഷ്യ ബന്ധങ്ങളിൽ പുലർത്തിയ ആത്മാർത്ഥതയും കാരുണ്യവും നമുക്ക് എന്നും മാതൃകയും പ്രചോദനവുമാകട്ടെ.



https://www.facebook.com/pg/TheLisieHospitals/photos/?tab=album&album_id=900766006764445



ഡോ.കെ.എം ഉമ്മൻ

കിസ് മത്സരം

മുഴുവൻ ശരി ഉത്തരങ്ങൾ നൽകുന്നവരിൽ നിന്ന് നറുക്കെടുപ്പിലൂടെയാണ് വിജയികളെ കണ്ടെത്തി സമ്മാനം നൽകുന്നത്.ഒരാൾ ഒരു ഉത്തരക്കടലാസുമാത്രമേ എഴുതി നൽകാവൂ. അ4 പേപ്പറിൽ ഉത്തരങ്ങളോടെപ്പം പൂർണ്ണമായ പേര്, കളനമ്പർ, ജോലി ചെയ്യുന്ന വിഭാഗം/വാർഡ്, മൊബൈൽ നമ്പർ എന്നിവ എഴുതി അഡ്മിനിസ്ട്രേറ്റീവ് ബ്ലോക്കിൽ ഇതിനായി വച്ചിരിക്കുന്ന ബോക്സിൽ മടക്കി നിക്ഷേപിക്കുക. അവസാന തീയതി :

1. NABH ന്റെ പൂർണ്ണരൂപം?
2. COPD എന്നതിന്റെ പൂർണ്ണരൂപം?
3. AIDS ന്റെ പൂർണ്ണരൂപം?
4. NIHSS എന്നത് വിപുലീകരിച്ച് എഴുതുക
5. ACLS എന്നതിന്റെ പൂർണ്ണരൂപം?
6. ഈ വർഷത്തെ മാനസികാരോഗ്യ ദിനത്തിന്റെ പ്രമേയം അഥവാ ചിന്താവിഷയം എന്തായിരുന്നു?
7. ലിസി വിദ്യാഭ്യാസ സ്ഥാപനങ്ങളിൽ അടുത്തയിടെ ആരംഭിച്ച കോഴ്സ് ഏതാണ് ?
8. എത്രനാൾ കൂടുമ്പോഴാണ് ECHOLIS പ്രസിദ്ധീകരിക്കുന്നത്?
9. ലോക എയ്ഡ്സ് ദിനത്തോടനുബന്ധിച്ച് സംഘടിപ്പിക്കപ്പെട്ട എറണാകുളം ജില്ലാ സ്കിറ്റ് മത്സരത്തിന്റെ പ്രമേയം എന്തായിരുന്നു ?
10. ഇൻഫെക്ഷൻ പകരുന്നത് തടയാനുള്ള ഏറ്റവും ഫലപ്രദമായ ഒരു വഴി ഏതാണ് ?



ഏഴു വർഷത്തിലേറെയായി എമർജൻസി വിഭാഗത്തിൽ മെഡിക്കോ ലീഗൽ ഓഫീസർ ആയി സ്മൃതിർഹമായ സേവനം ചെയ്ത്, മരണം മൂലം നമ്മിൽ നിന്ന് വേർപിരിഞ്ഞ ഡോ.കെ.എം ഉമ്മന് ലിസി കുടുംബത്തിന്റെ ആദരാഞ്ജലികൾ. മുൻഗാമികൾ ഇല്ലാതിരുന്ന ഒരു ഡിപ്പാർട്ട്മെന്റിനെ കൃത്യതയോടെ രൂപപ്പെടുത്തിയതിൽ അദ്ദേഹം കാണിച്ച കണിശതയും കഠിനാധ്വാനവും അനു കരണീയവും അനുസ്മരണീയവുമാണ്.



https://www.facebook.com/pg/TheLisieHospitals/photos/?tab=album&album_id=899155423592170

GUIDELINES FOR SENDING REPORT/NEWS/WRITE-UP FOR ECHOLIS (NEWSLETTER OF LISIE)

- ❖ Maximum of 300 words and a photograph for events or news of one to two days.
- ❖ Maximum of 500 words and two to three photographs for events of 3 to 5 days or more.
- ❖ One page for NABH- Quality control
- ❖ One page for highlight of a department in a particular issue with one photograph of all personnel of the department.
- ❖ Small write- up for individual events or accomplishment (honors, awards, prizes, ranks etc) with a passport photograph of the individual.
- ❖ Prominent, common functions write up – half page with a prominent photograph.
- ❖ All write- ups, reports, should be e mailed within 3 to 4 days after the event along with the photograph in the above mentioned format.
- ❖ All the heads of department to ensure that the respective details have been timely emailed. For the forthcoming issue the last date to get the write-ups and photographs is 31-03-2018. lisinewsletter2013@gmail.com

Fr. Jery Njaliath

*Farewell Greetings
to Our Beloved Doctor*



Dr.P.C. Mathew
(Anaesthesia)
(Sr. Consultant)

*Welcome to
Lisie Family*



Dr. Sony Salam N A
(Anesthesia - Consultant)



Msgr Antony Punnassery
(Spiritual Father)



Dr. Thomas Joseph
(Emergency medicine -
CMO)



Dr. Kiran J Kattookaran
(Emergency medicine -
CMO)



Dr. Simon Philipose
(Cardio Vascular Thoracic
Surgery - Consultant)



Dr Mary Neha Dcruz
(Histopathology -
Consultant)



**Dr. Smithamol
Sebastian**
(Anesthesia - Consultant)



Dr. Jeevesh John Thomas
(Cardio Vascular Thoracic
Surgery - Consultant)

Health Awareness Days

April

- 7 World Health Day
- 17 World Hemophilia Day
- 19 World Liver Day
- 22 Earth Day
- 25 World Malaria Day

May

- 6 World Asthma Day
- 8 World Red Cross Day
- 9 World Thalassaemia Day
- 12 World Chronic Fatigue
Syndrome Awareness
Day/ International Nurses Day
- 19 World Hepatitis Day
- 28 International Women's Health Day
- 31 World No Tobacco Day

June

- 5 World Environment Day
- 8 World Brain Tumor Day
- 14 World Blood Donation Day
- 22 World Water Day
- 24 World TB day



LISIE HOSPITAL, ERNAKULAM

Advance Booking No: 0484 2401141, 2402044, Extn. 5027

വിവിധ ചികിത്സാ വിഭാഗങ്ങളും ഒ.പി. ദിവസങ്ങളും

ജനറൽ മെഡിസിൻ

- 1. ഡോ. ടി.കെ. ജോസഫ് (തിങ്കൾ - ശനി)
- 2. ഡോ. അഗസ്റ്റിൻ എ.കെ (തിങ്കൾ - ശനി)
- 3. ഡോ. എ.പി. ജോണി (തിങ്കൾ - ശനി)
- 4. ഡോ. ജോർജ്ജ് സേവ്യർ (തിങ്കൾ - ശനി)
- 5. ഡോ. അഭിലാഷ് ചാക്കോ (തിങ്കൾ - ശനി)
- 6. ഡോ. എബിൻ ജെ. കുളങ്ങര (തിങ്കൾ - ശനി)

ഡയബറ്റോളജി വിഭാഗം (പ്രമേഹ രോഗ ചികിത്സാ വിഭാഗം)

- 1. ഡോ. ജോർജ്ജ് പൗലോസ് (തിങ്കൾ - ശനി)
- 2. ഡോ. ബെറ്റുസി ആനി കോശി (തിങ്കൾ - ശനി)

പാർമനോളജി (ശ്വാസകോശ രോഗ വിഭാഗം)

- 1. ഡോ. പരമേശ് എ. ആർ. (തിങ്കൾ - ശനി)
- 2. ഡോ. തോമസ് കുര്യൻ (തിങ്കൾ - ശനി)

ജനറൽ സർജറി വിഭാഗം (ശസ്ത്രക്രിയ വിഭാഗം)

- 1. ഡോ. ജോയ് മാമ്പിള്ളി (ചൊവ്വ, വ്യാഴം, ശനി)
- 2. ഡോ. പൗലോസ് ജേക്കബ് (ചൊവ്വ, വ്യാഴം, ശനി)
- 3. ഡോ. സന്ദീപ് ജനാർദൻ (തിങ്കൾ, ബുധൻ, വെള്ളി)

ഡെർമറ്റോളജി (ത്വക്ക് രോഗ വിഭാഗം)

- 1. ഡോ. സോമൻ പീറ്റർ (തിങ്കൾ, ചൊവ്വ, വ്യാഴം, വെള്ളി, ശനി)

ഓഫ്താൽമോളജി (നേത്ര രോഗ വിഭാഗം)

- 1. ഡോ. ലതാ മാത്യു (തിങ്കൾ, ചൊവ്വ, വ്യാഴം, ശനി)

ഇ.എൻ.ടി. (ചെവി, മൂക്ക്, തൊണ്ട വിഭാഗം)

- 1. ഡോ. റീന വർഗ്ഗീസ് (ചൊവ്വ, വ്യാഴം, ശനി)
- 2. ഡോ. ഫ്രാങ്കി ജോസ് (തിങ്കൾ, ബുധൻ, വെള്ളി)
- 3. ഡോ. ദിവ്യ മോഹൻ വി. (ചൊവ്വ, വ്യാഴം, ശനി)
- 4. ഡോ. ജോസഫ് മാത്യു (തിങ്കൾ, ബുധൻ, വെള്ളി)
- 5. ഡോ. ജെറീൻ എബനേസർ (തിങ്കൾ, ബുധൻ, വെള്ളി)

ഓർത്തോപീഡിക്സ് (അസ്ഥി രോഗ വിഭാഗം)

- 1. ഡോ. കെ. രാജാറാം (ചൊവ്വ, വ്യാഴം, ശനി)
- 2. ഡോ. സുരേഷ് പോൾ (തിങ്കൾ, ബുധൻ, വെള്ളി)
- 3. ഡോ. ബിജു പി. എ. (ചൊവ്വ, വ്യാഴം, ശനി)
- 4. ഡോ. മനോജ് എ. (തിങ്കൾ, ബുധൻ, വെള്ളി)

സൈക്യാട്രി (മാനസിക രോഗ വിഭാഗം)

- 1. ഡോ. കുറുവിള തോമസ് (തിങ്കൾ - ശനി After 4 pm)

ഗ്യാസ്ട്രോ എന്ററോളജി (ഉദര രോഗ വിഭാഗം)

- 1. ഡോ. തോമസ് ജെയിംസ് (തിങ്കൾ - ശനി)
- 2. ഡോ. ജോണി സിറിയക് (തിങ്കൾ - ശനി)

ഗ്യാസ്ട്രോ ഇന്റസ്റ്റിനൽ ഹെൽത്ത് സെന്റർ & പാൽക്രിയാറ്റിക് സർജറി

- 1. ഡോ. സുനിൽ റ്റി. (തിങ്കൾ pm, ബുധൻ, വെള്ളി, ശനി pm)

നെഫ്രോളജി (വൃക്ക രോഗ വിഭാഗം)

- 1. ഡോ. ബാബു ഫ്രാൻസിസ് (തിങ്കൾ - വെള്ളി)
- 2. ഡോ. ജോസ് പി. പോൾ (തിങ്കൾ - വെള്ളി)

ന്യൂറോളജി (മസ്തിഷക രോഗ വിഭാഗം)

- 1. ഡോ. വിദ്യ എ. വി. (തിങ്കൾ - ശനി)
- 2. ഡോ. അരുൺ കുമാർ എ. എൻ. (തിങ്കൾ - ശനി)
- 3. ഡോ. ജോൺ ജെ. വൈദ്യ (തിങ്കൾ - ശനി)

ന്യൂറോ സർജറി (മസ്തിഷക രോഗ വിഭാഗം)

- 1. ഡോ. കോശി ജോർജ്ജ് (തിങ്കൾ - വ്യാഴം)
- 2. ഡോ. ബി ശ്യാം (ചൊവ്വ, വെള്ളി)
- 3. ഡോ. കൃഷ്ണദാസ് (ബുധൻ, ശനി)
- 4. ഡോ. സന്തോഷ് ജോർജ്ജ് തോമസ് (വ്യാഴം, ശനി)

- 5. ഡോ. ബിജി ബാഹുലേയൻ (തിങ്കൾ, ബുധൻ)

ഫിസിക്കൽ മെഡിസിൻ & റിഹാബിലിറ്റേഷൻ

- 1. ഡോ. സി. ഷീജി ഫ്രാൻസിസ് (സി. ക്രിസ്റ്റിൻ) (തിങ്കൾ - ശനി)

ഡെന്റൽ വിഭാഗം (ദന്ത രോഗ വിഭാഗം)

- 1. ഡോ. ബിജി രാജ് (തിങ്കൾ - ശനി)
- 2. ഡോ. ജേക്കബ് ചാക്കോ (തിങ്കൾ - വ്യാഴം, ശനി)
- 3. ഡോ. റോസ് കുര്യൻ (തിങ്കൾ - ശനി)
- 4. ഡോ. ടെറി തോമസ് (വെള്ളി)
- 5. ഡോ. ഹേമ ഗിൽബർട്ട് (തിങ്കൾ - ശനി)

ഓങ്കോളജി വിഭാഗം

- 1. ഡോ. അശോക് എസ്. കൊമരൻചാത്ത് (തിങ്കൾ - ശനി)

സർജിക്കൽ ഓങ്കോളജി വിഭാഗം

- 1. ഡോ. അരുൺ പീറ്റർ മാത്യു (തിങ്കൾ, ബുധൻ, വെള്ളി)

പീഡിയാട്രിക്സ് വിഭാഗം (ശിശുരോഗ വിഭാഗം)

- 1. ഡോ. മാർഗരറ്റ് ജോസഫ് (തിങ്കൾ - ശനി am only)
- 2. ഡോ. ജെസി തോമസ് (തിങ്കൾ - ശനി)
- 3. ഡോ. ശശിധരൻ പി. യു. (തിങ്കൾ - ശനി)
- 4. ഡോ. ഹിമ മാത്യുസ് പി. (തിങ്കൾ - ശനി)

നിയോ നെറ്റോളജി വിഭാഗം

- 1. ഡോ. ശിവജി ആർ. ഫെറീടെ (തിങ്കൾ - ശനി)
- 2. ഡോ. ശ്രുതി സുധാകരൻ (തിങ്കൾ - ശനി)

ജീവിയോഗിക് വിഭാഗം

- 1. ഡോ. റോസക്കുട്ടി മാത്യു (തിങ്കൾ am - ശനി am)
- 2. ഡോ. സാറാമ്മ ഈശോ (തിങ്കൾ am - ശനി am)

നൈനക്കോളജി വിഭാഗം

- 1. ഡോ. എയ്ബി ഡിസൂസ (ചൊവ്വ, വ്യാഴം, ശനി)
- 2. ഡോ. രമാദേവി (തിങ്കൾ, ബുധൻ, വെള്ളി)
- 3. ഡോ. Sr. റാണി പോൾ (തിങ്കൾ, ബുധൻ, വെള്ളി)
- 4. ഡോ. സിമി രാജ് ടി. ജെ. (ചൊവ്വ, വ്യാഴം, ശനി)
- 5. ഡോ. സുമി പി. തമ്പി (ചൊവ്വ, വ്യാഴം, ശനി)

യൂറോളജി വിഭാഗം

- 1. ഡോ. ദാമോദരൻ നമ്പ്യാർ (തിങ്കൾ pm, ബുധൻ, വെള്ളി)
- 2. ഡോ. വിജു ജോർജ്ജ് (ചൊവ്വ pm, വ്യാഴം, ശനി)
- 3. ഡോ. തോമസ് പുതുക്കാടൻ (ചൊവ്വ, വെള്ളി)
- 4. ഡോ. സനിൽ കുമാർ എൻ. കെ. (ചൊവ്വ am, ബുധൻ, വ്യാഴം)

കാർഡിയോളജി (ഹൃദയരോഗ വിഭാഗം) Booking No. 0484 2401821

- 1. ഡോ. റാണി മാത്യു കടവിൽ (തിങ്കൾ - വെള്ളി)
- 2. ഡോ. ജേക്കബ് ജോസഫ് (തിങ്കൾ - വെള്ളി)
- 3. ഡോ. ജാബീർ അബ്ദുള്ളക്കുട്ടി (തിങ്കൾ - വെള്ളി)
- 4. ഡോ. ജോ ജോസഫ് (തിങ്കൾ - വെള്ളി)
- 5. ഡോ. ജിമ്മി ജോർജ്ജ് (തിങ്കൾ - ശനി)
- 6. ഡോ. ഓ. പി. മാത്യു (ചൊവ്വ, വെള്ളി)
- 7. ഡോ. അജിത്ത് കുമാർ കെ.ആർ (തിങ്കൾ pm, വ്യാഴം pm, വെള്ളി pm)

ഇലക്ട്രോ ഫിസിയോളജി

- 1. ഡോ. അജിത് തച്ചിൽ (ചൊവ്വ - ശനി)

കാർഡിയാക് സർജറി

- 1. ഡോ. ജോസ് ചാക്കോ പെരിയപ്പുറം (ചൊവ്വ, ബുധൻ, വെള്ളി)
- 2. ഡോ. ഭാസ്കർ രംഗനാഥൻ (തിങ്കൾ - വെള്ളി)

പീഡിയാട്രിക് കാർഡിയോളജി

- 1. ഡോ. എഡ്വിൻ ഫ്രാൻസിസ് (തിങ്കൾ - ശനി)
- 2. ഡോ. അനൂ ജോസ് (തിങ്കൾ - ശനി)
- 3. ഡോ. ബിജേഷ് വി.വി. (ചൊവ്വ, വ്യാഴം)

പീഡിയാട്രിക് കാർഡിയാക് സർജറി

- 1. ഡോ. തോമസ് മാത്യു (തിങ്കൾ - ശനി)