

ECHOLIS

2026

A QUARTERLY BULLETIN OF LISIE MEDICAL AND EDUCATIONAL INSTITUTIONS



Environment Friendly



Care with Love

communication@lisiehospital.org

FROM THE DIRECTOR'S DESK

New Year Greetings to all!!!

Greetings to all of you on the eve of yet another New Year. Let us be grateful to the Lord Almighty for the blessings bestowed on us during 2025. I express my heartfelt gratitude to all our doctors, staff, patients and well wishers for the cooperation and patronage extended by them in 2025. I look forward to your continued support in achieving excellence and sustainable growth in the coming years also.

It is a matter of great satisfaction to note that our 3 hospitals have been moving from strength to strength, rendering service to our patients and society.

On 06-10-2025, **Lisie hospital** once again scripted history by airlifting heart of Shri. Amal Babu from Kims Hospital Trivandrum and transplanting it into the body of Shri. Ajmal (who had earlier suffered massive heart attack and heart transplant surgery was the only hope for his survival). On 06-01-2026, **laser angiogram** (which produces pulsed excimer radiation delivered to the target site with fibreoptic catheter technology) useful for minimally invasive interventional cardio vascular procedure was inaugurated. On 07-01-26 **BD Facs Lyric 3 laser 12 color model clinical flow cytometer analyzer** (which mainly helps in studying and grouping of cells, immunophenotyping and diagnosing diseases, thereby allowing for quick and accurate lab testing) was inaugurated. Lisie hospital is expanding by leaps and bounds as evident from the fact that new departments of 1) **Rheumatology** headed by Dr. George Kallarakal MRCP, CCST Senior Consultant Rheumatology, 2) **Plastic Surgery** headed by Dr. Sarat R.S. (M.S., Mch) and Dr. Smitha Nair, (MS. Mch), 3) **Endocrine and Breast Surgery** headed by Dr. Priyanka, (MS, Mch) and 4) Marketing department headed by Dr. Rohit Mathew have started functioning.

Lisie Cancer Center had successfully completed 500 contrast enhanced Mammography (CEM) studies since March 2024, thereby marking a significant milestone in advance breast imaging. In Radiation Oncology, LCC has introduced several advanced and unique treatment modalities which are available only in very few hospitals in our State such as Prostate Brachytherapy, Accelerated Partial Breast Irradiation (APBI) with excellent early outcomes, Celiac Radiosurgery, Total Marrow Lymphoid Irradiation (TMLI), and Endobronchial Brachytherapy.

Thus our hospitals stand as a beacon of hope and quality in healthcare, offering a wide range of medical services designed to meet the needs of our patients. With our state-of-the-art infrastructure and cutting edge diagnostic facilities coupled with a highly qualified and dedicated team of doctors and nurses we are committed to delivering world class healthcare and bring back hope to our patients. I reiterate that our mission transcends profit margins.

It makes me immensely happy to state that **Lisie Medicity** has been striving hard to stay ahead of times. To provide easy and hassle free access to our patients by avoiding traffic congestion, a **Link Bridge** connecting Kaloor Metro Station to Lisie Medicity will be functional within 3 months. It is noteworthy that such a bridge connecting a Metro Station directly to a hospital is the first such link bridge in our country.

We congratulate Dr. Mathew Philip, HOD, Gastroenterology department on his election as General Secretary, Indian Society of Gastroenterologists and Dr. Prakash Zacharias, Senior Consultant, Gastroenterology department as member, Governing Council of Indian Society of Gastroenterologists. We also Congratulate Dr. Jabir Abdullakutty, Senior Consultant, Cardiology department on his election as National President, Society for Heart Failure & Transplantation and Dr. Jo Joseph, Senior Consultant, Cardiology department on his election as Secretary, Cardiology Society of India, Kerala Chapter, and Dr. Shajahan OM, Consultant, Clinical Pharmacologist on his appointment as Advisor, Center for Patient Safety & Quality (CPSQ) State Advisory Committee Kerala.

I am glad to note that academic results of all our educational institutions have been excellent. I congratulate the students and teachers for their exemplary performance. I also note that the teachers of our educational institutions are striving for excellence and are leaving no stone unturned to improve the quality of teaching to match global standards, by nurturing critical thinking, thereby preparing their students to navigate the complexities in modern hospitals.

May Lord Jesus Christ shower you and your family with unlimited blessings filled with lots of love, happiness and prosperity during this New Year.

May God Bless You All ! ! !

Fr. Dr. Paul Karedan
Director

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Doctor's Christmas Celebration (20 December 2025)

Lisie Hospital celebrated Christmas 2025 on 20 December 2025 at 8.00 a.m. at the Lisie Main Auditorium in a joyful and prayerful atmosphere.



The programme began with a Prayer Song, followed by a Welcome Speech by Dr. Augustine Athapilly, Deputy Medical Superintendent and Senior Consultant, General Medicine. The Christmas Message was delivered by Rev. Dr. Paul Karedan, Director, Lisie Hospital, highlighting the true spirit of Christmas—love, hope, and service to humanity.

The celebration included a Cake Cutting Ceremony symbolizing togetherness and joy. The Chief Guest, Shri. P. Rajeev, Hon'ble Minister for Law, Industries and Coir, addressed the gathering and appreciated the dedicated service of Lisie Hospital.



The programme concluded with a Vote of Thanks by Shri. Antony Puthusser, Chief Financial Officer, followed by a joyful Carol Song. The celebration reflected the warmth, unity, and festive spirit of the Lisie family.

പ്രദയപൂർവ്വം ആരോപത്രിവിട്ട് അജ്ഞൽ (30 October 2025)

അമലിന്റെ കുടുംബത്തിന് നന്ന പറഞ്ഞ്. റോഴ്ച മുൻപാണ് മലപ്പറിം പൊന്താനി സ്വന്തരേ അജ്ഞൽ (33) ലിനി ആരോപത്രിയിൽ പ്രദയം മാറിവയ്ക്കൽ ശൈത്യക്രിയകൾ വിശേയതനായത്. മന്തിഷ്ക് മരണം സംഭവിച്ച തിരുവനന്തപുരം സ്വന്തരേ അജ്ഞൽ ബാബുവിന്റെ (25) ബന്ധുക്കൾ അവയവഭാന്തതിന് സമ്മതം അറിയിച്ചതിനെ തുടർന്നാണ് അജ്ഞലിന് പുതുജീവൻ ലാഭിച്ചത്. ഈ വർഷം ഇന്നുവരെ മാസത്തിലാണ് തന്റെ പ്രവാസ ജീവിതത്തിനു ടെയിൽ അജ്ഞലിന് ടുറുതരും പ്രദയാഖ്യാതം ഉണ്ടാകുന്നത്. തുടർന്ന് പ്രദയ പരാജയം സംഭവിക്കുയായിരുന്നു. ചികിത്സിച്ച ദോഷക്രമാർ പ്രദയം മാറിവയ്ക്കൽ



ശസ്ത്രക്രിയ നടത്തണമെന്ന് പറഞ്ഞതിന്റെ അടിസ്ഥാനത്തിലാണ് അജ്ഞൻ ലിസി ആശുപ്രതിയിൽ എത്തി യോകുർ ജോസ് ചാക്കോ പെരിയപ്പുരം, ഡോ. റോണി മാതു കടവിൽ എന്നിവരെ കണ്ട്. സർക്കാർ സംജന്മായി വിട്ടു നൽകിയ ഫെലിക്കേപ്പറ്റി ലാണ് ഫുദയം തിരുവന്തപുരത്ത് നിന്നും കൊച്ചിയിൽ എത്തിച്ചുത്. ഗ്രാൻഡ് ഫയാത്തിൽ നിന്നും പോലീന് സേനയുടെ സഹയന്ത്രാട ശ്രീൻ കോറിയോർ സ്യൂഷിച്ച് കേവലം നാലു ശിനിറ്റ് കൊണ്ടാണ് ലിസി ആശുപ്രതിയിൽ എത്തിച്ചേർന്നത്. കടുത്ത വേദനയിലും അവയവങ്ങൾ ദാനം ചെയ്യുവാൻ തഴുനായ അമലിന്റെ കുടുംബത്തിനും, ഫെലിക്കേപ്പറ്റി വിട്ടുനൽകിയ സർക്കാരിനും, എല്ലാ ക്രിക്കറ്റണ്ണർക്കും നേതൃത്വം നൽകിയ പോലീന് സിപാർട്ട് ബെന്റിനും അജ്ഞൻ നന്നാ പറഞ്ഞു. അജ്ഞലിന് ശസ്ത്രക്രിയയുടെ സമയത്ത് കതം നൽകേണ്ട ആവശ്യം പോലും വനിബ്ലേനും ആരോഗ്യനില പൂർണ്ണ തൃപ്തി കരമാണെന്നും ഡോകുർ ജോസ് ചാക്കോ പെരിയപ്പുരം പറഞ്ഞു. ഇതിനെല്ലാം നേതൃത്വം നൽകുന്ന കെ സോട്ടോയുടെ പ്രവർത്തനങ്ങളെ അദ്ദേഹിച്ചു പ്രത്യേകം അഭിനന്ദിച്ചു. ഡോ. ജേക്കബ്ബ് എബ്രഹാം, ഡോ. ദാസ്കർ രംഗനാഥൻ, ഡോ. ജീവൻ തോമസ്, ഡോ. ജോ ജോസഫ്, ഡോ. പി മുരുകൻ, ഡോ. ജോബ് വിൽസൺ, ഡോ. അരുൺ ജോർജ്ജ്, ഡോ. ഫ്രൈസ് മരിയ, ഡോ. ആൻറിണി ജോർജ്ജ്, ഡോ. ആയിഷ നാസർ, രാജി രഹേഷ്, സാഖ സുനീഷ് എന്നിവർ ശസ്ത്രക്രിയയിലും തുടർച്ച ചികിത്സയിലും പകാളികൾ ആയിരുന്നു. ആശുപ്രതി ഡയറക്ടർ ഫാ. പോൾ കരേൻ നേതൃത്വത്തിലാണ് ആശുപ്രതിയിൽ നിന്നും അജ്ഞലിനെ യാത്രയാക്കിയത്. മാധ്യമങ്ങൾ നൽകി കൊണ്ടിരിക്കുന്ന വലിയ പിതൃശുഭ്രാതരാം മുൻകൂടുതലാണ് കാലത്ത് ഏറെക്കുറെ നിലച്ച് പോയിരുന്ന അവയവഭാഗത്തിന് വീണ്റും ജീവൻ വച്ചതെന്ന് ഫാ. പോൾ കരേൻ പറഞ്ഞു. ഫാ. റോജൻ നാണ്ഡലിമാലിൽ, ഫാ. റോജൻ കല്ലുസ്വാഫ്, ഫാ. ഡോവിൻ പടന്നയക്കൽ, ഫാ. റോജൻ റോജുകൽ, ചികിത്സകൾ നേതൃത്വം നൽകിയ ഡോകുർമാർ, ആശുപ്രതി ജീവനക്കാർ തുടങ്ങിയവരും ചടങ്ങിൽ എത്തിയിരുന്നു.



Priest Silver Jubilee Celebration of Rev. Fr. Rojan Nangelimalil (27 December 2025)

The Priest Silver Jubilee Celebration of Rev. Fr. Rojan Nangelimalil was held on 27 December 2025 at Lisie Hospital, marking 25 years of dedicated priestly service. The celebration began with the Holy Eucharistic Celebration at 11.00 a.m., followed by a solemn Felicitation Ceremony at the Main Chapel.

The programme commenced with a warm Welcome Address by Rev. Sr. Lincy, DSHS. The Felicitation address was delivered by Rev. Fr. Dr. Paul Karedan, Director, Lisie Hospital, highlighting the spiritual leadership and committed service of Rev. Fr. Rojan Nangelimalil. As a mark of honour, a Presentation of Bouquet and Ponnade Aniyikkal were offered. A Felicitation Song by Sr. Anoopa and Team added grace and joy to the occasion. Heartfelt felicitation messages were shared by Mr. Antony P P, Chief Financial Officer, and Rev. Sr. Jessy, DSHJ, appreciating the dedicated service rendered by the jubilarian. In his Reply Message, Rev. Fr. Rojan Nangelimalil, Joint Director, Lisie Hospital, expressed his sincere gratitude to the management, religious sisters, staff, and all members of the Lisie Family for their love, prayers, and support.





The programme concluded with a Vote of Thanks by Merin Xavier, Pharmacy Department. The celebration ended with cake cutting and fellowship lunch, making the event memorable and grace-filled.

Hospital Christmas Celebration : CELESTIA (20 December 2025)

CELESTIA 2025, the Christmas celebration of Lisie Hospital, concluded on a joyful and meaningful note, beautifully reflecting the true spirit of Christmas—faith, gratitude, and togetherness.

The programme commenced with a prayer song by PRE, followed by the welcome address by Mr. Sony Mathew E., Assistant Manager, Accounts Department. The Christmas message and cake cutting were led by Rev. Fr. Dr. Paul Karedan, Director, Lisie Hospital, followed by the felicitation address by Mrs. Gladys Thomas, Vice Principal, Lisie School of Nursing. The formal session concluded with the vote of thanks proposed by Ms. Hima Sabu, PRE, after which the celebrations continued with colourful cultural events.



The celebration was graced by Rev. Fr. Dr. Paul Karedan, Director, Lisie Hospital, along with Rev. Fr. Rojan Nangelimalil and Rev. Fr. Reju Kannampuzha, Joint Directors, Rev. Fr. Davis Padanakkan and Rev. Fr. Jetto Thottungal, Assistant Directors, and our spiritual fathers Rev. Fr. Antony Parvely, Rev. Fr. Thomas Kallookaran, and Rev. Fr. Hormis Mynatty. Their presence and blessings added depth and meaning to the celebration.



CELESTIA 2025 stood as a heartfelt reminder of unity, compassion, and service—the core values that guide the Lisie family in its mission of healing and care.

World Food Day (16 October 2025)

The World Food Day 2025 was observed at Lisie Hospital on 16 October 2025. The program was jointly organized by the Department of Dietetics and Nutrition, Lisie Hospital, and Lisie College of Nursing. The formal function was held at the main reception area of Lisie Hospital at 9:00 a.m.



The event commenced with a prayer song by the 8th Semester B.Sc. Nursing students, followed by a warm welcome address delivered by Mrs. Archa Rose, Dietitian, Lisie Hospital. The Inauguration and inaugural address was done by Rev. Fr. Rojan Nangelimilil, Joint Director, Lisie Hospital. In his address, Father emphasized the importance of food, urging everyone not to waste it, to take only what is needed, and to develop a sense of gratitude for every meal.



Mrs. Anitha Johnson, Head of the Department of Dietetics and Nutrition, Lisie Hospital, officially released the theme for the year—"Hand in Hand for Better Food and a Better Future." In her address, she encouraged all to reduce food waste, to unite in ensuring that no one goes hungry, and to respect every meal. She also stressed the importance of mindful eating, sharing with those in need, and working collectively for a healthier and brighter future for all.



Mrs. Anitha Johnson, Head of the Department of Dietetics and Nutrition, Lisie Hospital, officially released the theme for the year—"Hand in Hand for Better Food and a Better Future." In her address, she encouraged all to reduce food waste, to unite in ensuring that no one goes hungry, and to respect every meal. She also stressed the importance of mindful eating, sharing with those in need, and working collectively for a healthier and brighter future for all.





Mrs. Anitta S. Kuriakose, Lecturer, Lisie College of Nursing, in her awareness talk highlighted the importance of macro and micronutrients in maintaining good health. She also highlighted the key sources of various nutrients essential for the body.

Dr. Jilse George, Senior Consultant Physician and Diabetologist, Lisie Hospital, delivered the felicitation address, speaking passionately about the global scenario of food consumption. He pointed out that while many people around the world enjoy access to an abundance of food, a significant number still go hungry every day. He emphasized the urgent need to raise awareness about food wastage and to promote equitable distribution of resources.

The formal session was followed by the distribution of prizes for the poster presentation competition among the 8th Semester B.Sc. Nursing students. A thought-provoking mime performance on unhealthy and unhygienic food practices was also presented by the same group.



World Osteoporosis Day (21 October 2025)

World Osteoporosis Day was observed on 21 October 2025 at the Reception area from 10:00 AM to 11:00 AM to promote awareness about bone health, prevention, and management of osteoporosis. The event aimed to educate participants on maintaining strong bones and preventing fractures through lifestyle modification, proper nutrition, and early detection. The forum was inaugurated by Rev. Fr. Paul Karedan, Director, followed by an informative session led by Dr. Riyas R. S., Consultant and Head of the Department of Endocrinology, along with Dr. Koshy P. George, Senior Resident, Orthopaedics.

Valuable insights were also shared by Dr. Geena Susan George, Consultant Endocrinologist, Dr. Bibu George, Senior Orthopaedic Consultant, and Dr. Boby Jacob,





Senior Orthopaedic Consultant, who emphasized the importance of bone health and preventive care. The program was hosted by Diabetes Educators Mrs. Jovita, Ms. Devapriya, and Ms. Alisa, who ensured the smooth conduct of the event. The World Osteoporosis Day 2025 observance was a great success, effectively raising awareness about bone health and inspiring participants to adopt a healthier lifestyle and take proactive steps toward maintaining strong and healthy bones.



World Stroke Day (29 October 2025)

The School of Nursing, Lisie Hospital observed World Stroke Day in collaboration with the Department of Neurology, Lisie Hospital, on 29 October 2025 at 10:00 AM in the Main Reception, Lisie Hospital. The theme for the day was "Every Minute Counts."



The programme commenced with a prayer song, followed by the welcome address delivered by Dr. Bindu B, Head of the Department of Neurology, Lisie Hospital. The session was inaugurated by Rev. Fr. Dr. Paul Karedan, Director of Lisie Hospital, who also delivered the inaugural address.



An awareness talk was conducted by eminent neurologists — Dr. John J. Vaidya, Dr. Anu Gangadharan, and Dr. Soumya V. C, highlighting the importance of early recognition and prompt action during a stroke.

This was followed by an interactive quiz session led by Dr. Soumya V. C and a mime performance presented by the 3rd-year GNM students, portraying the theme "Every Minute Counts." The programme concluded with a vote of thanks proposed by Ms. Priya Kuriakose (3rd-year GNM).





The event successfully raised awareness about stroke prevention, recognition, and management, emphasizing the critical importance of timely intervention.

Cake Mixing Ceremony (30 October 2025)



Nuclear Medicine Week (01 November 2025)



INS-BD Mastermind Quiz Achievement (7-8 November 2025)

Ammu John and Elsa Jose shone as Regional Level Winners and 1st Runners-up in the Finals of the INS-BD Mastermind Quiz at the 13th Annual INS Conference in Pune. The conference, held on November 7-8, 2025, at Suzlon One Earth, celebrated advances in infusion nursing under the theme "Lines of Care, Lifelines of Change." This accomplishment highlights their expertise in infusion standards and dedication to nursing excellence.



CNGI Lisie Unit Campaign (11 November 2025)



Children's Day (13 November 2025)

The Children's Day celebration was held at Lisie Hospital Ernakulam on 13 November 2025, which was co-ordinated by 3rd year GNM Students and Pediatric department Lisie Hospital with great enthusiasm under the theme "My Day My Rights". The programme began with prayer song and welcome address by 3rd year GNM Students. Rev. Fr. Dr. Paul Karedan inaugurated the event officially and shared inspiring words highlighting the importance of nurturing and protecting the children in the society.





Rev. Sr. Renjitha CSN, Principal School of Nursing delivered a felicitation speech. Dr. Jessy Thomas and Dr. Hima Mathew Senior Consultants, Pediatric Department, Lisie hospital delivered an awareness talks on importance of vaccination and harmful effects of multimedia on children respectively.

The celebration also featured an awareness programme in the form of a Dance drama by 3rd year GNM Students about HPV vaccination. The prize distribution ceremony recognized the talents and achievements of children who participated in various activities that were conducted in Pediatric rooms and ward on the previous day. Ms. Sandra, 3rd year GNM student proposed the vote of thanks, expressing gratitude to all the dignitaries, participants, children from pediatric ward and organizers who made the event successful. The programme concluded with the Lisie Anthem.



World Diabetes Day (14 November 2025)



World Diabetes Day 2025 was observed on 14 November 2025 at the Reception area, Lisie Hospital from 9:30 AM onwards, with the aim of promoting awareness on diabetes prevention, early detection, and effective self-management. The program sought to educate participants about healthy lifestyle practices, the importance of timely screening, insulin awareness, and comprehensive diabetes care.

The event was inaugurated by Rev. Fr. (Dr.) Paul Karedan, Director, who delivered an inspiring message on the growing burden of diabetes and the need for community participation in prevention.



This was followed by a series of awareness talks led by, Dr. Geena Susan George, Consultant Endocrinologist, Dr. Sr. Shigy Francis, Consultant Physical medicine and rehabilitation, Dr. Rontgen Rajakumar, Consultant Diabetic Foot Surgery & Podiatry, Mrs. Anitha Kuriakose, Chief dietitian, Sr. Ligi Antony, Assistant Professor, Lisie College of Nursing.





Each speaker provided valuable insights on diabetes management, insulin usage, lifestyle modification, nutrition, and foot-care essentials, emphasizing the significance of patient education in preventing complications. A musical drama performed by the College of Nursing students creatively highlighted the consequences of uncontrolled diabetes and the importance of early intervention. The event also featured a Diabetes Health Camp, which included free diabetes checkups, insulin delivery device demonstrations, diabetic diet displays, foot-care education, product exhibition and sale.



The programme was efficiently coordinated and hosted by the 5th Semester B.Sc. Nursing students and faculty along with the Diabetes Educators — Ms. Jovita Edwin Fernandez, Ms. Devapriya V. Tharun, and Ms. Alisa Merin Kuriakose, ensuring smooth execution of all activities.



World Diabetes Day 2025 was a resounding success, effectively raising awareness about diabetes prevention and empowering participants to adopt healthier habits and proactive diabetes care practices.

World COPD Day (18 November 2025)

World COPD Day 2025 was observed at Lisie Hospital on 18 Nov 2025 with the theme "Short of breath, think COPD." The event, organized by the Department of Pulmonology with support from Physical Medicine & Rehabilitation, Dietetics & Nutrition, and Lisie College of Nursing, was held at the Lisie Auditorium from



10 a.m. to 1 p.m. The day began with registration and free PFT screening, followed by a prayer song by Dr. Kavya Sasidharan and a welcome address by Dr. Thomas Kurian. Dr. Paramez A.R delivered the keynote on COPD burden and the need for multidisciplinary care. The COPD Programme and Severe Asthma Clinic were inaugurated by Chief Guest Rev. Fr. (Dr.) Paul Karedan. Prizes were awarded for the poster competition,

and nursing students presented a mime on COPD awareness. Scientific sessions covered COPD overview,



pulmonary rehabilitation, nutrition, vaccination, and ICU management, led by experts including Dr. Paramez A.R, Dr. Shadiya Beegum, Mrs. Anitha Kuriakose, Dr. Subin Ahmed, and Dr. Melwin George. The programme concluded with a Vote of Thanks by Dr. Gishnu Krishnan.



Nutrition Kit Distribution (29 November 2025)

Nutritional Support for Cancer Patients at Lisie Cancer Centre

Lisie Cancer Centre, in collaboration with the Indian Cancer Society, successfully implemented a nutritional support initiative aimed at improving treatment tolerance and recovery among underprivileged cancer patients. Over a span of just two months, more than 100 patients benefited from the distribution of specially curated nutritional kits containing high quality protein supplements.



ICU Blessing (01 December 2025)



International Day of Differently Abled (03 December 2025)

International Day of Differently Abled On 03 December 2025, second year GNM Students of Lisie School of Nursing and Physical Medicine & Rehabilitation Department, Lisie Hospital observed International day of Persons with Disabilities at Lisie Hospital reception. The programme started at 9:30am with blessings from the Almighty. Student representative welcomed the gathering. The programme was inaugurated by Rev. Fr. Dr. Paul Karedan, Director Lisie Medical and Educational institutions and delivered inaugural address. Chief guest Mr. Reji Abraham (Founder and Administrator of Swasraya Rehabilitation centre)delivered 'Thought for the day ' based on his own life challenges & experiences. The programme included a health talk by Dr. Mittu (Junior Consultant, PMR department). Dr. Babu Francis, Medical Superintendent, Lisie Hospital delivered felicitation speech. The programme was delightful by the heart warming performance of the students,who presented a mime show on the theme for the Day.Vote of thanks was proposed by students from second year GNM. The programme was concluded by Lisie Anthem The efforts of the students were appreciated by Rev. Fr. Dr. Paul Karedan, Dr. Babu Francis, PMR department and all faculty members.



Christmas Charity Sale (11 December 2025)





CNGI Christmas Celebration (13 December 2025)



POCUS Workshop (13 December 2025)

Glimpses from our hands-on POCUS workshop hosted by the Department of Critical Care Medicine at Lisie Hospital. A big thank you to all the delegates and faculty who made our POCUS workshop a resounding success! Together, we took a major step forward in enhancing patient safety and diagnostic accuracy through advanced ultrasound training.





Administration Christmas Celebration (20 December 2025)



LMC Christmas Celebration (23 December 2025)





LCC Christmas Celebration (23 December 2025)



LCC CARE Series on Thyroid Cancers (12 October 2025)

Lisie Cancer Centre in association with the departments of General Surgery, ENT, Endocrinology and Pathology of Lisie Hospital organised a conference on thyroid cancers on 12 October, 2025. This conference was the 4th in the LCC CARE Series, an academic initiative of Lisie Cancer Centre. This conference was based on the update by the American Thyroid Association on management of thyroid cancers which was released globally in August 2025. The organising chairman of the conference, Dr. Arun Peter Mathew, in his welcome



address said this was one of the first conferences in the country based on the recent updates on thyroid cancer management. The conference was inaugurated by Director of Lisie Medical Institutions, Fr. Dr. Paul Karedan and had a series of panel discussions, cross-talks and invited lectures, comprehensively covering the management of differentiated thyroid cancers from active surveillance, treatment, follow-up and cancer survivorship.



The highlight of the conference was an online session by the American Thyroid Association President and the second author of newly introduced thyroid cancer guidelines, Dr. Julie Ann Sosa who spoke extensively on treatment de-escalation strategies. The conference was very well attended with more than 220 delegates comprising of General Surgeons, ENT Surgeons, Head & Neck Surgeons, Surgical Oncologists, Nuclear Medicine physicians, Endocrinologists, Endocrine Surgeons, Medical Oncologists, Radiation Oncologists, Pathologists, Radiologists and Anaesthetists besides post-graduates from all these specialities. The Organising Secretary, Dr. Sandeep Suresh expressed his gratitude to the delegates & faculty and the organising team for the success of the conference.



World Braille Day (03 December 2025)

അന്തർദ്ദേശിയ ബ്രൈഡ്ലി ഡിനാചരണങ്ങളും ബന്ധിച്ച് ലിസി മെഡിസിൻ നേതൃത്വം വിഭാഗത്തിന്റെ നേതൃത്വത്തിൽ കാഴ്ചപരിമിതരുടെ വിഭ്യാഭ്യാസത്തിലും ശാക്തീകരണത്തിലും സാക്ഷതികതയുടെ പകിനെക്കുറിച്ചുള്ള ബോധവൽക്കരണ ശ്രദ്ധപരാല സംഘടിപ്പിച്ചു. വിഭ്യാഭ്യാസം, തൊഴിൽ, മനുഷ്യാവകാശങ്ങൾ എന്നിവയിൽ കാഴ്ചപരിമിതരുടെ പ്രവേശനക്ഷേത്ര ഒഴുകപ്പടുത്തുക, സാക്ഷതികവിവരങ്ങുടെ ലഭ്യതയിലുള്ള തടസ്സങ്ങൾ അഭിസംഖ്യാധന ചെയ്യുക എന്നിങ്ങനെയുള്ള ഈ വർഷത്തെ ബ്രൈഡ്ലി ഡിനത്തിന്റെ സന്ദേശങ്ങൾ മുൻനിർത്തി സംഘടിപ്പിച്ച പരിപാടിലിസിഹോസ്പിറ്റൽജോയിന്റ്റ് യായറക്റ്റർമാദർ റെജുക്കണ്ണസ്വഭംഗം ഉദ്ഘാടനം ചെയ്തു. ആലുവകീഴ്മാട് അസ്ഥാവിഭ്യാലയത്തിലെ പ്രധാനാധ്യാപിക ശ്രീമതി ജിജി സുനിൽ മുവ്വുപ്രഭാഷണം നടത്തിയ ചടങ്ങിൽ

ലിസി മെഡിസിൻ മെഡിക്കൽ സൂപ്രണക്സ് ഡോ. മനോജ് കെ സുാഗതം പറയുകയും നേതൃത്വ നവിഭാഗത്തിലെ ഡോ. സന്തോഷ് ബൈയിൽ ദിന സന്ദേശം നൽകുകയും ചെയ്തു. ആലുവ കീഴ്മാട് അസ്ഥാവിഭ്യാലയത്തിലെ വിഭ്യാർത്ഥികളായ അശ്വിനി കെ കിനി, അനേറ്റ്, ആന്റേസി എന്നി വർ പഠനത്തിന് ഉപയോഗിക്കുന്ന സാക്ഷതികവിവരകൾ സോഡോഫാരണസ്ഥിതം വിശദീകരിച്ചു. തുടർന്ന് ആലുവ കീഴ്മാട് അസ്ഥാവിഭ്യാലയത്തിലെ അധ്യാപകൾ ശ്രീ സുനിൽ 'ഡിസബിലിറ്റി എറ്റിക്കേറ്റ്' എന്ന വിഷയത്തെ കുറിച്ച് പ്രായോഗിക പരിശീലന ക്ലാസ് നടത്തി.

അതാബഹൃഥിയ ബൈയിൽ ഡിനത്തോട് അനുബന്ധിച്ചു നടത്തിയ പോസ്റ്റർ മൽസരത്തിൽ ലിസി നഷ്ടിങ് കോളേജിലെ ഭവിക, സാന്ദ്ര എന്നിവർ ഒന്നും രും സ്ഥാനങ്ങൾ നേടി. ചടങ്ങിൽ സിസ്റ്റർ ടീമ നമ്പി പ്രകാശിപ്പിച്ചു.





Inauguration and Blessing (06 January 2026)

On 6 January 2026, Lisie Heart Institute marked a significant milestone with the launch and blessing of the Philips NexCIMer Laser System- an advanced technology used for Excimer Laser Coronary Angioplasty (ELCA). This addition marks a significant step forward in the hospital's journey toward delivering cutting-edge cardiac care.



The newly installed system was formally blessed by the Director, Rev. Fr. Paul karedan and Joint Director Rev. Fr. Rojan Nangelimalil, invoking divine guidance for the safe and effective use of this advanced technology in saving lives. Their presence highlighted the management's strong support for continuous innovation and excellence in patient care. During the event, the Head of the Cardiology



Department, Dr Rony Mathew addressed the gathering and highlighted the importance and clinical value of the laser system. ELCA technology plays a crucial role in managing complex coronary artery disease, especially in cases involving heavily calcified blockages, in-stent restenosis, and lesions that are difficult to treat with conventional angioplasty techniques. By delivering controlled cold laser energy, the system helps in precise plaque modification, thereby improving procedural success and safety.



Introduction of this system will greatly enhance treatment options for patients with complex coronary conditions and further strengthen the department's capabilities in advanced interventional cardiology. The technology is expected to reduce procedural complications, improve outcomes, and position the hospital as a key referral center for advanced cardiac interventions. The launch of the Philips NexCIMer Laser System stands as a testament to Lisie Hospital's unwavering commitment to combining compassionate care with state-of-the-art medical technology. With this new addition, the lisie heart institute continues to set higher benchmarks in cardiac care—guided by innovation, expertise, and service to humanity.

Inaguration Ceremony (LSON) (23 October 2025)

The Lisie School of Nursing, under Lisie Medical and Educational Institutions, Ernakulam, conducted the Inaugural Function of the 64th Batch of GNM Nursing Students on 23 October 2025, at 11:00 AM in the Lisie Auditorium. The ceremony began with a prayer song by the nursing students, followed by the Welcome Address and Course Introduction delivered by Rev. Sr. Renjitha C.S.N, Principal, Lisie School of Nursing. The function was inaugurated by Rev. Fr. Paul Karedan, Director, Lisie Medical and Educational Institutions, who also delivered the Inaugural Address. Rev. Fr. Davis Padannakkal, Assistant Director, Lisie Medical and Educational Institutions, offered felicitations. The Vote of Thanks was proposed by Ms. Bismiya Shukoor, Nursing Tutor, Lisie School of Nursing. The event concluded with the Lisie Anthem sung by the students. The theme “Our Nurses. Our Future. Caring for nurses strengthens economies.” beautifully captured the spirit of the nursing profession and the significance of the occasion, as Lisie continues to nurture compassionate and competent nurses dedicated to serving humanity with excellence and care.



Freshers Day (LSON) (01 December 2025)

The Lisie School of Nursing celebrated IGNITE – Freshers’ Day 2025 on 1 December 2025, at 2:30 PM in the Lisie Auditorium, in the presence of Rev. Fr. Dr. Paul Karedan, Director, Rev. Fr. Davis Padannakkal, Assistant Director, Rev. Sr. Renjitha CSN, Principal, Ms. Gladys Thomas, Vice Principal, and Capt. Icy Joseph (Retd), Chief Operating Officer & Chief Nursing Officer. The programme began with a prayer song by the 64th batch students, followed by a welcome speech by Ms. Athulya Jinoy. The event featured a series of performances including a yoga dance by Ms. Riyona P. R., a group song, classical dance, dubsmash, and vibrant dance programmes presented by the freshers. The Christmas Star was ceremonially placed by Rev. Fr. Dr. Paul Karedan, followed by felicitation. The first-year students were introduced to the audience, and the programme concluded with a vote of thanks by Ms. Catherine Mishael Vaz and the singing of the Lisie Anthem by the 64th batch. The event provided a warm and memorable welcome to the new batch, showcasing their talent, enthusiasm, and team spirit.





Student Development (LSON) (12 December 2025)

The School of Nursing, Lisie Hospital, organised a Student Development Programme titled “Synergy in Care: Team Building & Leadership Training for Nursing Students” on 12 December 2025 at the Lisie Auditorium, aimed at enhancing teamwork, communication, and leadership skills among student nurses. The programme began with a prayer by the 1st-year



GNM students, followed by a warm welcome speech delivered by Liya S Mathew (3rd year GNM). The formal inauguration was conducted by Rev.Fr.DavisPadannakkal. The key sessions were handled by the distinguished resource persons—Mr. Shano Jose Cheruvathoor (Master Trainer and Motivational Speaker), Ms. Aparna P. U. (Master Trainer and De-addiction Counsellor), and Ms. Dilna—who delivered inspiring and interactive sessions on confidence-building, personal development, emotional intelligence, and effective teamwork. Rev. Sr. Renjitha CSN, Principal, addressed the gathering with motivating words that encouraged students



to make the best use of such opportunities. The event saw enthusiastic participation from all GNM batches, fostering unity, engagement, and professional growth, making the programme a truly meaningful and impactful learning experience. The vote of thanks was delivered by Anjoe, a 2nd-year GNM student. The Synergy in Care Student Development Programme was a remarkable success, providing a valuable platform for students to gain new perspectives, refine their skills, and grow as compassionate, confident, and collaborative nursing professionals. The School of Nursing, Lisie Hospital, continues its mission to provide holistic development opportunities for its students.



Christmas Celebration (LSON) (19 December 2024)



Inaugural Ceremony (LCON) (03 November 2025)

The Inaugural Ceremony marking the commencement of the 24th batch of B.Sc. Nursing students was successfully held at the Lisie Auditorium on 03 November 2025 at 11:00 am. After the prayer song by 8th semester B.Sc Nursing students, the ceremony paused for a moment in silent prayer, which constituted a somber and important observation of solidarity and condolence to honor the memory of the recently bereaved father of Ms. Treesa Prakash, a student in the 24th batch B.Sc. Nursing program. Attendees were requested to raise which affirmed the community's commitment to support Ms. Treesa and her family during their time of immense grief.

The ceremony began with the welcome address delivered by Mrs. Shiya Jacob, Associate Professor and 1st year Class Coordinator of Lisie College of Nursing. The program was formally inaugurated by Rev. Fr. Dr. Paul Karedan, Director, Lisie Medical and Educational Institutions. Father delivered the main address, officially commencing the new academic year for the students and motivated the students to this noble profession with warmth and enthusiasm.



The gathering constituted by the newly admitted students and their parents, was felicitated by Rev. Fr. Davis Padannakkal, Assistant Director, Lisie Medical and Educational Institutions, and Capt. Icy Joseph, Chief Operating Officer and Chief Nursing Officer, Lisie Hospital. Prof. Dr. Usha Marath, Principal, Lisie College of Nursing, carried out the detailed Course orientation for the students, providing essential academic and institutional information.



The ceremony concluded with the vote of thanks, delivered by Mrs. Ginisha George, Assistant Professor, formally expressing gratitude to all participants and dignitaries. The eighth-semester students actively participated in the meeting as volunteers, ensuring the smooth conduct of the event. The Inaugural Ceremony was formally adjourned at 12 PM.

Arts Day (LCON) (22 November 2025)

The annual cultural extravaganza of Lisie College of Nursing, Arts Day "Thangostav 2025," was celebrated with immense zeal and creative fervor on 22 November 2025. The event served as a vibrant platform for students to showcase their artistic talents and cultural heritage. The program commenced at 3 PM with a soulful prayer song



rendered by the students of the 8th Semester BSc Nurxing, invoking divine blessings for the success of the day. Following the prayer, Ms. Aiswarya Sajeev (8th semester BSc.N student) delivered the welcome speech, warmly greeting the dignitaries, faculty, and the energetic student body. The formal inauguration was performed by the Chief Guest, Rev. Fr. Davis Padannackal, Asst Director, Lisie Medical & Educational Institutions who

officially opened the festivities by lighting the traditional lamp. In his inaugural address, Father emphasized the importance of arts in the holistic development of nursing professionals, highlighting how creativity fosters empathy and resilience. A significant highlight of the session was the Prize Distribution Ceremony. Students who excelled in



various literary and cultural competitions held prior to the main event were honored for their achievements. The awards were presented jointly by Rev. Fr. Davis Padannackal and our beloved Principal, Prof. Dr. Usha Marath. The winners were greeted with thunderous applause, motivating the entire student community to strive for excellence.



Following the formal session, the stage came alive with the "Best of Thangostav" performances. To celebrate the top talents, the first-prize winners of the following categories were invited to perform : group song, monoact, group dance. The Kalathilakam title for the year 2025 was awarded to Ms. Anila P Shaji (7th semester BSc Nursing student) for her performance across multiple artistic categories. The 7th Semester students emerged as the reigning champions of Thangostav 2025, bagging the Overall Championship Trophy for their consistent excellence and highest point tally in the competitions. Ms. Christine Elsa Deepan (7th semester BSc

Nursing student) proposed the Vote of Thanks. She expressed heartfelt gratitude to the management, the organizing committee, and the participants for making the event a grand success. The curtains drew to a close with a pride-filled rendition of the Lisie Anthem, led by the students of the 5th Semester. The program officially winded up at 04:00 PM, leaving everyone with cherished memories of a day filled with art, music, and camaraderie.



ANTIRAGGING AWARENESS PROGRAMME (LCON) (16 December 2025)

An awareness session on the legal aspects and consequences of ragging was held on 16 December, 2025, at Lisie College of Nursing. The program commenced with a soulful prayer song, followed by a warm welcome address



by Mrs. Giby. G. George, Lecturer. The event was inaugurated by Rev. Fr. Davis Padannakkal, Assistant Director of Lisie Medical and Educational Institutions, at 3:15 PM

In the inaugural address, Father emphasized the critical importance of anti-ragging campaigns in educational institutions to foster a safe and respectful environment. Prof. Dr.

Usha Marath, Principal of Lisie College of Nursing, introduced the guest speaker and the session's key topics. Mr. Reji P. P. Sub-Inspector from North Police Station, delivered an insightful talk on the legal dimensions of ragging and its severe repercussions, equipping attendees with vital knowledge. All students of Lisie College of Nursing actively participated in the program. Mrs. Arathy J. V., Assistant Professor, proposed the vote of thanks. The event concluded with the Lisie Anthem at 4:30 PM.



Christmas Celebration (LCON) (23 December 2025)



The Christmas celebration "CHRISTELLA 2025" was celebrated with great joy and enthusiasm on 23 December 2025 at our college campus. The programme was organized by the students and faculty to commemorate the spirit of Christmas and to promote unity, love, and harmony among students.

The programme began with a prayer song by the eighth semester students, invoking God's blessings. This was followed by a warm welcome speech delivered by Ms. Angel Johnson, who highlighted the significance of Christmas and the joy of sharing and caring.

A beautiful Nativity play was performed by the Lisie College students, portraying the birth of Jesus Christ and spreading the message of peace and hope. The arrival of Santa Claus, presented by the 8th semester students, added cheer and excitement to the gathering. The Christmas Tree Lighting Ceremony symbolized light, hope, and togetherness.



The Christmas message was delivered by Rev. Fr. Paul Karedan, Rev. Fr. Davis Padanakkal, and Prof. UshaMarath, who emphasized the values of love, compassion, forgiveness, and service to humanity.



The celebration continued with cake cutting, followed by various cultural events. A vibrant fashion show titled “Runway to Lumore 2K25” was presented by the fifth semester students. The Lisie Carol filled the atmosphere with festive joy. Fun-filled activities such as Lucky Student, Lucky Teacher, and Lucky Batch brought excitement and participation from the audience.

An energetic dance performance “Scarlet Sleigh Squad” by the third Semester students and “La Danza di Natale” by the seventh semester students were major highlights of the programme.



Various competitions were conducted during the Christmas celebration. In the Tableau competition, the 7th semester won the first prize and the 5th semester secured the second prize. The Floor Decoration competition was won by the 7th semester, followed by the 1st semester. In the Carol Song competition, the 3rd Semester won the first prize and the 7th semester secured the second prize. The Santa Claus competition was won by Edwin Benny (7th semester), followed by Ann Mariya Binoy (3rd semester). In the On-the-Spot Dance competition, Sreelakshmi Santhilal (7th semester) and Aysha N. (3rd semester) won the first and second prizes respectively. Prize distribution was conducted to appreciate the winners and participants.

The programme concluded with the vote of thanks, followed by the Lisie Anthem and Jingalala games, making the celebration memorable and joyful.



Arts Day (LCOAHS) (18 October 2025)

LCOAHS celebrated Arts day in the 3rd week of October. Offstage events started from 13th to 16th October. And onstage events was conducted on 17th and 18th. Official ceremony was held on 18th. All the 4 groups actively participated in each events. Offstage events included portrait sketch, jam sketch, collage making, cartoon drawing, essay writing, embroidery , etc. Onstage events included fashion show, duet song, mime, fimy spoof, group dance, nadanpattu, mapillapattu, etc. Different committees were arranged for the event. Arts day was coordinated and conducted by college union and programme committee . On 18th , after all the competitions, we conducted the closing ceremony. The event was inaugurated by Rev. Fr. Jetto Thottungal, Assistant Director, felicitation was delivered by Rev. Fr. Davis Padanakkal, Assistant Director, welcome speech by Annmariya and vote of thanks by Jasmine. At last certificates and prizes was given to the winners and champions. Kalathilakam - Bilsa, Kalaprathibha - Sooraj, Overall Championship - Group D (Green house), Runner Up - Group A (Red house)



Orientation Day (LCOAHS) (02 December 2025)

The Orientation Program for the new batches of BSc MLT, BCVT, BMIT, BDT, DMLT, DDT, DET, DNT, DOTAT, and DCVT was held on 02 December 2025 at 11 AM in the Lisie Hospital, Main Auditorium. The program began with a prayer, followed by a warm welcome address by Dr. Shabeer S. Iqbal, Principal, LCOAHS. The official inauguration was done by Rev. Fr. Dr. Paul Karedan, Director of Lisie Hospital & Chief Executive Trustee, LMEI.



Felicitation speeches were delivered by Rev. Fr. Davis Padannakkal and Dr. Babu Francis, inspiring the new students as they start their academic life. A key highlight of the event was the Prize Distribution Ceremony for academic toppers. Awards were presented by:Dr. Jabir Abdullakutty – Senior Consultant Cardiology, Dr. Amel Antony – Senior Consultant Radiology & HOD, BMIT, Dr. Prakash Zacharias – Senior Consultant Gastroenterology & HOD, DET, Dr. B. Bindhu – Senior Consultant Neurology & HOD, DNT, Dr. Vandana N Iyengar – Senior Consultant Anesthesiology & Coordinator, DOTAT, Dr. Annie Jojo - HOD, Pathology and Laboratory medicine, Rev. Sr. Mercita – In charge, Laboratory Medicine.



The event concluded with the Lisie Anthem, marking a meaningful start to the Academic Year 2025.

Christmas Celebration (LCOAHS) (30 December 2025)

Christora 2025 the Christmas celebration of Lisie College of Allied Health Sciences with enjoyment, gratitude. Beautifully reflected the cultural spirit of Christmas with harmonious message of new year.

The program was conducted by union members of Lisie College of Allied Health Sciences.

The official program started by 3 pm with entry of chief guest . The Christmas message was delivered by Rev. Fr. Paul Karedan (Director of Lisie Hospital). Followed by cake



cutting in presence of Rev. Fr. Davis padannakkal (Assistant Director Lisie Medical and Educational Institution), Dr Shabeer.s.Iqbal (Principal of Lisie College of Allied Health Sciences), Prof. Harikumar J (Vice Principal Lisie College of Allied Health Sciences).

Prize was distributed to the winners of Santa competition, carol song competition, card making competition and star making competition.

The program concluded with new year message delivered by Rev. Fr. Davis Padannakkal .





ANTIRAGGING AWARENESS PROGRAMME (LCOAHS) (08 January 2026)

An Anti-Ragging Awareness Class was conducted by Lisie College of Allied Health Sciences for students of BSc MLT, BCVT, BSc DT, BSc MIT, DMLT, DOTAT, DDT, DET, DNT, and DCVT 2025 batch on 08 January, 2026, at Lisie Hospital Auditorium. The session began at 2.30 pm with a welcome address by Ms. Vismaya CR, Assistant Professor, LCOAHS. The guest speaker, Adv. Nelson Joseph, Advocate, High Court, Kerala, shed light on the ethical and social implications of ragging, emphasizing the importance of a safe and respectful academic environment. It was an enlightening and thought-provoking class that informed students that ragging is not a mere violation, but a serious crime with severe consequences. The event concluded with a token of appreciation presented to Adv. Nelson Joseph by Dr. Shabeer S. Iqbal, Principal, LCOAHS, and a vote of thanks by BCVT 2025 student Ms. Asin.



Christmas Celebration (LCOP) (22 December 2025)

The Christmas celebration titled “Feliz Navidad 2K25” was joyfully celebrated on 22nd December at our institution with great enthusiasm and festive spirit.

The program began with a warm welcome, followed by the felicitation of Rev Fr. Paul Karedan, Director, Lisie Hospital and Rev Fr. Davis Padannakkal, Asst Director, LMEI expressing gratitude for their guidance and support. Principal Dr. Jinu Isaac and Emeritus Professor. Prof. Dr. John Joseph also felicitated the gathering. A meaningful Christmas message was delivered by Dr. Ronald Peter, Professor, Lisie College of Pharmacy, highlighting the values of love, peace, and sharing.

The celebration continued with a cake-cutting ceremony, symbolizing unity and joy. The cultural program by the students added color and excitement to the event through songs and performances. A melodious Christmas carol by the staff filled the atmosphere with festive cheer.

Overall, Feliz Navidad 2K25 was a memorable celebration that beautifully reflected the true spirit of Christmas and togetherness.





DR. GEORGE KALLARACKAL
Senior Consultant
Rheumatology



DR. PRIYANKA SHYAM
Consultant
Ophthalmology



DR SURESH G P
Consultant
Anaesthesiology



DR. ROSHNI GOPINATH
Consultant
Medical Gastroenterology



DR. MRIDUL SUSY KOSHY
Consultant
Critical Care Medicine



DR SARATH R
Consultant
Plastic and Reconstructive
Surgery



DR. TANYA TONNY MAMPILLY
Consultant
Microbiology



DR. ARUN GEORGE A
Junior Consultant
Cardiac Anesthesiology



DR PRINCE HILISTON THOMAS
Junior Consultant
Radiodiagnosis



DR ASHWIN BABY
Junior Consultant
Orthopedics



DR ASWIN C
Junior Consultant
Emergency Medicine



DR. GRETA VINCENT
Junior Consultant
Radiology

Farewell greetings to our Beloved



DR. BYJU KUNDIL
Senior Consultant
Surgical Gastroenterology



DR. HARI KUMAR UNNI
Consultant
Surgical Oncology



DR. JERRY JAME JOY
Consultant
Anaesthesia



DR. KARTHIKA SREEKUMAR
Junior Consultant
Radiology



SR ANJALEENA
Nursing

Health Awareness Days

January

30. World Leprosy Eradication Day

February

04. World Cancer Day

12. Sexual and Reproductive Health Awareness Day

March

03. World Hearing Day

08. International Women's Day

11. No Smoking Day

12. World Glaucoma Day

12. World Kidney Day

15. World Consumer Right Day

22. World Water Day

24. World Tuberculosis Day

